

**10 Km Open
Women****Oct 28 2013**

	First	Last	Time	Age	Race
1	Emma	Kusch Dahle	38:13	15-19	Empower
2	Darolyn	Walker	38:23	30-34	Pure Life
3	Jacqueline	Di Muro	38:55	25-29	10+10
4	Dayna	Graham	39:18	35-39	Empower
5	Lacey	Dejong	39:33	25-29	10+10
6	Nicole	Mulder	39:54	20-24	Pure Life
7	Alice	Sherwin	40:06	25-29	Pure Life
8	Carolyn	Rempel	40:51	40-44	Lindenwoods
9	Kristie	Pearson	42:28	35-39	MEC-1
10	Ami	Samuel	42:49	45-49	Physio
11	Stephanie	Gerbrand	42:53	25-29	Run for Mom
12	Krista	Stepa	43:27	25-29	Physio
13	Lindsey	Green	44:19	25-29	WFPS
14	Diane	Watt	44:53	45-49	G Beach
15	Rebecca	Cunnane	45:13	30-34	MEC-4
16	Nicola	Odaisky	45:21	15-19	Lindenwoods
17	Carrie	Wright	45:28	25-29	10+10
18	Michelle	Jaramilla	45:36	25-29	WFPS
19	Katherine	Lamoureux	45:37	30-34	Lindenwoods
20	Jenn	Ritter	45:41	40-44	Pure Life
21	Cynthia	Menzies	45:41	40-44	Empower
22	Janie	Parson	45:45	40-44	Lindenwoods
23	Anneke	Hildebrand	45:59	20-24	Physio
24	Jessica	Schofield	46:08	25-29	Pure Life
25	Joanna	Patacsil	46:14	20-24	Empower
26	Lindsay	Wells	46:17	35-39	Pure Life
27	Jenn	Kulpa	46:19	35-39	Run for Mom
28	Madelaine	MackKay	46:19	30-34	Lindenwoods
29	Shayna	Giesbrecht	46:31	10-14	MEC-4
30	Paula	Paterson	47:04	35-39	Lindenwoods

**10 Km Open
Men****Oct 28 2013**

	First	Last	Time	Age	Race
1	Corey	Gallagher	32:22	25-29	10+10
2	Brian	Walker	32:34	30-34	Pure Life
3	Sheldon	Kilkullen	33:25	25-29	Lindenwoods
4	Jeremy	Walker	33:32	30-34	Empower
5	Darren	Klassen	33:44	40-44	Empower
6	Chris	Belof	34:16	30-34	Physio
7	Robert	Beinke	34:35	40-44	Empower
8	Justin	Kirouac	34:39	25-29	Physio
9	Jamie	Falk	34:40	35-39	Run for Mom
10	Steven	Graupner	34:53	25-29	Pure Life
11	Thomas	Miller	35:04	20-24	Empower
12	Daniel	Heschuk	35:10	15-19	Neepawa
13	Marc'	Nicolas	35:30	15-19	Pure Life
14	Jay	Ort	36:10	15-19	Pure Life
15	Stephen	Campbell	36:12	20-24	Empower
16	Patrick	Peacock	36:15	40-44	Pure Life
17	Iain	Mcdonald	36:42	25-29	10+10
18	Mathieu	Rocheleau	36:50	30-34	Empower
19	Kyle	McCoy	36:56	15-19	Empower
20	Murray	Carter	37:00	30-34	Pure Life
21	Patrique	Bulloch	37:09	15-19	Empower
22	Joshua	Markham	37:13	25-29	MEC-4
23	Tyler	Derksen	37:15	20-24	Pure Life
24	Jean-Baptiste	Ajua	37:16	15-19	Empower
25	Matthew	Seftel	37:46	40-44	MEC-1
26	Chris	Westdal	37:49	40-44	Pure Life
27	John	Lawler	37:50	20-24	10+10
28	Mathieu	Desmarais	37:53	15-19	Empower
29	Josh	Dyck	38:12	15-19	Empower
30	Sam	Zhou	38:15	40-44	Empower