

### 10 Km Women Age Groups

1	Olivia	Epp	55:22	5-9	G Beach
1	Nina	Klein Laberge	51:48	10-14	MEC-2
2	Keisha	Ford	55:05	10-14	Physio
3	Carrie	Schulz	56:39	10-14	Physio
4	Paige	Roddy	58:57	10-14	Ted's Run
5	Paige	Andrusko	1:01:23	10-14	Mb Marathon
6	Emy	Lunam	1:01:46	10-14	RCAF
7	Sydney	Beel	1:04:26	10-14	Mb Marathon
8	Tryniti	Mercier	1:06:43	10-14	MEC-3
9	Ella	Bellingham	1:07:37	10-14	Physio
10	Kade	Prudhomme	1:08:08	10-14	Physio
1	Payton	Ryz	41:17	15-19	April Run
2	Renee	Normandeau	48:13	15-19	Steinbach
3	Hailey	Ross	50:22	15-19	Mb Marathon
4	Barbara	Farpelha	50:22	15-19	WFPS
5	Karanbir	Sidhu	50:25	15-19	WFPS
6	Aspen	Shier	50:35	15-19	Mb Marathon
7	Eriko	Jury	51:33	15-19	Mb Marathon
8	Camille	Jung-Hartnell	51:51	15-19	MEC-5
9	Emily	Robertson	53:16	15-19	Mb Marathon
10	Elizabeth	Hampson	53:40	15-19	Burn Fund
10	Megan	Nichols	53:40	15-19	Burn Fund
1	Lindsey	McKenty	41:19	20-24	RCAF
2	Eva	Yablecki	42:01	20-24	WFPS
3	Kirsten	Hooper	43:22	20-24	Physio
4	Jasmine	Bhullar	47:24	20-24	Diabetes
5	Emily	Sapay	47:31	20-24	R4R
6	Josee	Lavallee	47:52	20-24	WFPS
7	Christina	Hunt	48:18	20-24	MEC-2
8	Larah	Bruce	50:32	20-24	WFPS
9	Savannah	Baird	50:43	20-24	Burn Fund
10	Lauren	Brad	50:52	20-24	WFPS
1	Jaclyn	Adamson	41:03	25-29	Physio
2	Mary	Stewart	43:48	25-29	G Beach
3	Andrea	Nazarevich	44:55	25-29	Com-Fit
4	Cassie	Macrae	45:09	25-29	MEC-3
5	Janet	Young	46:22	25-29	MEC-2
6	Jessice	Biggs	46:44	25-29	RCAF

7	Stefany	Morrison	48:00	25-29	April Run
8	Ariane	Morisette	48:17	25-29	April Run
9	Carly	Isaak	48:33	25-29	MEC-3
10	Joanne	Quill	49:08	25-29	MEC-1
1	Darolyn	Walker	38:26	30-34	Steinbach
2	Gina	Tranquada	39:25	30-34	Steinbach
3	Lindsey	Green	43:11	30-34	WFPS
4	Andrera	Nazerevich	46:33	30-34	East St Paul
5	Nora	Casson	48:21	30-34	Lindenwoods
6	Stephanie	Tetreault	48:53	30-34	MEC-3
7	Brandy	Chevalier	49:00	30-34	G Beach
8	Jo	Hyde	49:27	30-34	Physio
9	Tina	Riggs	49:55	30-34	WFPS
10	Gillian	Robinson	49:59	30-34	WFPS
1	Rebecca	Cunnane	41:10	35-39	MEC-5
2	Amy	Campbell	44:49	35-39	MEC-5
3	Robyn	Pohrebniuk	46:14	35-39	WFPS
4	Heather	McDonell	46:16	35-39	April Run
5	Lindsay	Boyko	47:39	35-39	MEC-3
6	Catherine	Chiborak	47:47	35-39	WFPS
7	Sally	Kaznica	48:39	35-39	WFPS
8	Meredith	Froese	48:48	35-39	Steinbach
9	Becky	Raddatz	49:08	35-39	RCAF
10	Camille	Roth	49:55	35-39	Lindenwoods
1	Janie	Parson	42:38	40-44	Com-Fit
2	Wendy	Dyck	46:04	40-44	Burn Fund
3	Catherine	Engels	46:37	40-44	Steinbach
4	Sarah	Marchment	47:34	40-44	WFPS
5	Tara	Patrick	48:24	40-44	Physio
6	Kristin	Heinrichs	48:44	40-44	Physio
7	Laura	Toews	49:18	40-44	April Run
8	Christa	Rusk	49:31	40-44	East St Paul
9	Liona	Caballero	49:47	40-44	Steinbach
10	Jennifer	Webb	51:19	40-44	East St Paul
1	Ami	Samuel	44:05	45-49	Physio
2	Kathleen	Caithness	48:02	45-49	R4R
3	Jo-Anne	Hass	48:23	45-49	MEC-3
4	Sophie	Beaulieu	49:08	45-49	RCAF
5	Sylvia	Loewen	49:32	45-49	Physio
6	Maxine	Kapralik	50:41	45-49	RCAF
7	Donna	Veren	51:37	45-49	RCAF

8	Lisa	Gonzales	51:40	45-49	MEC-5
9	Andrea	Turgeon	51:54	45-49	WFPS
10	Nicole	Harris	52:06	45-49	Physio
1	Natalie	Woodruff	49:47	50-54	RCAF
2	Gail	Bommersbach	50:16	50-54	WFPS
3	Robyn	Dicesare	50:47	50-54	Burn Fund
4	Diane	Shindleman	51:39	50-54	R4R
5	Debbie	Bennett	53:08	50-54	RCAF
6	Jeannine	Meyer	53:39	50-54	R4R
7	Catherine	McKay	53:40	50-54	Physio
8	Sarah	Cisaroski	53:47	50-54	RCAF
9	Jennifer	Tackley	54:36	50-54	Physio
10	Stephanie	Roberecki	54:48	50-54	Ted's Run
1	Edwina	Keats	47:06	55-59	MEC-1
2	Maria	Cuda-Trunzo	49:44	55-59	Lindenwoods
3	Vaso	Papaioannou	53:11	55-59	Com-Fit
4	Nancy	Gilchrist	54:09	55-59	Physio
5	Yvonne	Konig	54:27	55-59	RCAF
6	Kim	Anderson	55:49	55-59	WFPS
7	Jan	Hawkins	55:53	55-59	East St Paul
8	Nancy	Doern-White	56:20	55-59	Physio
9	Gerry	Borus	57:15	55-59	Ted's Run
10	Nicola	Simpson	57:22	55-59	Physio
1	Danielle	Papin	47:32	60-64	MEC-5
2	Gloria	Kirouac	54:10	60-64	Physio
3	Dorothy	Franklin	57:42	60-64	WFPS
4	Kim	Crawford	58:29	60-64	Physio
5	Anita	Wrubleski	58:58	60-64	WFPS
6	Teresa	Convery	1:00:00	60-64	WFPS
7	Charlene	Robinson	1:00:03	60-64	WFPS
8	Joan	Griffith-Parker	1:00:11	60-64	WFPS
9	Kathleen	McCallum	1:01:51	60-64	R4R
10	Gwen	Bonneville	1:02:47	60-64	Physio
1	Ruth	Lindquist	54:58	65-69	WFPS
2	Val	Cutts	58:38	65-69	WFPS
3	Lorraine	Walton	1:01:42	65-69	WFPS
4	Teddi	Sweatman	1:06:17	65-69	WFPS
5	Dawn	Hanson	1:09:51	65-69	Lindenwoods
6	June	Bell	1:10:42	65-69	WFPS
7	Loraine	Delorme	1:13:11	65-69	WFPS
8	Lynda	Tunny	1:13:14	65-69	RCAF

9	Bharti	Tailor	1:15:42	65-69	Mb Marathon
10	Cheryl	Dann	1:17:26	65-69	Physio
1	Marsha	Brown	1:02:15	70-74	Physio
2	Wendy	Sutton	1:16:10	70-74	MEC-1
3	Ruth	Janzen	1:36:12	70-74	Mb Marathon
4	Gloria	Boychuk	1:36:43	70-74	Mb Marathon
5	Theresa	Zabowski	1:41:10	70-74	Mb Marathon
6	Gladys	Smith	1:45:48	70-74	Com-Fit
7	Deanna	Causon	1:48:22	70-74	Mb Marathon
8	Betty	Smith	1:52:40	70-74	Mb Marathon
1	Ada	Letinski	1:09:14	75-79	East St Paul
2	Bernice	Newediuk	1:54:19	75-79	Mb Marathon
1	Dreena	Duhamel	1:21:49	80-84	Physio