

**Triathlon Manitoba April Run Series**  
**Sponsored by Woodcock Cycle Works**  
**Assiniboine Park**  
**April 17, 2016**

OVERALL 5K RESULTS  
DISTANCE CERTIFIED

PLACE	NAME	GENDER	AGE GROUP	AGE GROUP	GENDER	TIME
				PLACE	PLACE	
1	Quinn Desrochers	M	M15-19	1/2	1/21	17:15
2	Keagan Kantimer	M	M15-19	2/2	2/21	18:57
3	Carson Cortvriendt	M	M01-14	1/10	3/21	19:09
4	Taren Gesell	M	M30-34	1/2	4/21	19:51
5	Unai Apraiz Zenon	M	M01-14	2/10	5/21	21:18
6	Caitlyn Roy	F	F15-19	1/3	1/18	21:19
7	Jackson Healey	M	M01-14	3/10	6/21	21:59
8	Ben Szwajcer	M	M01-14	4/10	7/21	22:24

9	Annika Niblock	F	F01-14	1/7	2/18	22:27
10	Corrado D'Antonio	M	M40-44	1/1	8/21	23:18
11	Kevin Read	M	M45-49	1/1	9/21	23:22
12	Michael Scarcella	M	M50-54	1/3	10/21	23:35
13	Adam Smith	M	M01-14	5/10	11/21	23:36
14	Christa Rusk	F	F40-44	1/3	3/18	23:41
15	Morgan Ott	F	F15-19	2/3	4/18	24:28
16	Michael Resler	M	M01-14	6/10	12/21	25:00
17	Richard Rusk	M	M50-54	2/3	13/21	25:04
18	Nina Klein Laberge	F	F01-14	2/7	5/18	25:10
19	Kaiden Kendel	M	M01-14	7/10	14/21	25:27
20	Megan VanHeyst	F	F01-14	3/7	6/18	25:38
21	Blake Morris	M	M35-39	1/1	15/21	25:52
22	Tess Derksen	F	F01-14	4/7	7/18	25:52
23	David Markham	M	M55-59	1/1	16/21	27:21
24	Tristan Yasinsky	M	M01-14	8/10	17/21	27:33
25	Phil Cook	M	M30-34	2/2	18/21	27:38
26	Caitlyn Hollywood	F	F01-14	5/7	8/18	27:53
27	Jackson Smith	M	M01-14	9/10	19/21	27:58
28	Serena Derksen	F	F15-19	3/3	9/18	28:44
29	Liliana Ardiles	F	F45-49	1/1	10/18	29:14

30	Kelly Malcolmson	F	F30-34	1/1	11/18	30:04
31	Jimena Sanchez	F	F01-14	6/7	12/18	30:11
32	Hanna Schutt	F	F25-29	1/1	13/18	30:21
33	Emma Zentner	F	F01-14	7/7	14/18	32:11
34	Fanny Levy	F	F40-44	2/3	15/18	32:49
35	Cindy East	F	F55-59	1/1	16/18	34:19
36	Matthew Parobec	M	M01-14	10/10	20/21	35:27
37	Katelyn Parobec	F	F50-54	1/1	17/18	35:41
38	Nicki Lees	F	F40-44	3/3	18/18	37:00
39	Brent McCallum	M	M50-54	3/3	21/21	1:01:35

*Triathlon Manitoba is grateful for the support from our Title Sponsor Woodcock Cycle Works, our secondary sponsor Stride Ahead Sports, RBC Day of Service, Sport Manitoba, Manitoba Runners Association, Isagenix, Alan Reiss Realtor, Superior Technologies Weighing & Controls, EY Ernst & Young – School Run Sponsor, ParticipACTION Teen Challenge – School Run Sponsor and Partners By Design.*

*Thank you to ALL the hard working and dedicated volunteers including Triathlon Manitoba members, Manitoba Triathlon Centre Athletes & their families, and the Royal Canadian Air Force.*