

East St Paul Centennial 3K

Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	3001	Pich, Tomasz	12:18.121	-	Runner	Winnipeg, MAN	6:36	9.093	1	42	3001

Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	3012	Ham, Jordyn	12:50.764	-	Runner	Macgregor, MAN	6:53	8.715	2	15	3012

Female 5-9

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	3006	Kuusela, Michaelyn	17:45.734	-	Runner	Winnipeg, Man	9:31	6.301	8	8	3006
2.	3007	Macduff Thiessen, Drea	25:09.928	-	Runner	Winnipeg, Man	13:29	4.447	12	7	3007

Male 10-14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	3010	Wiebe, Alex	19:34.178	-	Runner	Winnipeg, MAN	10:30	5.716	9	10	3010

Female 30-34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	3011	Pelland, Sarah	15:46.034	-	Runner	Winnipeg, MAN	8:27	7.094	5	32	3011
2.	3003	Harris, Amy	15:46.361	-	Runner	Winnipeg, Man	8:27	7.094	6	31	3003

Female 40-44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	3009	Von Gunten Wiebe, Kathi	19:43.648	-	Runner	Winnipeg, MAN	10:35	5.673	10	40	3009
2.	3004	Zaplitny, Kathy	23:09.438	-	Runner	East St Paul, MAN	12:25	4.831	11	43	3004

Male 50-54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	3002	Galagan, Sean	17:35.598	-	Runner	East St. Paul, MB	9:26	6.361	7	51	3002

Male 55-59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	3013	Pomerleau, George	15:35.551	FR	Runner		8:22	7.177	3	59	

Female 55-59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	3008	Brennan, Suzanne	27:10.388	-	Runner	Winnipeg, MAN	14:34	4.117	13	57	3008