

MEC RACE #3 5K

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Gender	Age	ID Number
1	HOPKINS, ALAN	WINNIPEG, CAN	RUNNER	65455	00:20:15.646	4:03/K	14.8kph	MALE	53	
2	SLADE, ALICIA	WINNIPEG, AR	RUNNER	65431	00:21:09.703	4:14/K	14.2kph	FEMALE	31	65431
3	NIVET, GLEN	WINNIPEG, AR	RUNNER	65373	00:21:30.720	4:18/K	14.0kph	MALE	54	65373
4	LOZYNYC, MATT	WINNIPEG, AR	RUNNER	65360	00:21:41.960	4:20/K	13.8kph	MALE	27	65360
5	TOEWS, TAMARA	WINNIPEG, AR	RUNNER	65448	00:21:56.313	4:23/K	13.7kph	FEMALE	23	65448
6	COURISH, JEFF	HALIFAX, AR	RUNNER	65449	00:22:34.660	4:31/K	13.3kph	MALE	57	65449
7	LAND, SHEA	ERIKSDALE, AR	RUNNER	65356	00:22:59.596	4:36/K	13.1kph	MALE	41	65356
8	PAPIN, DANIELLE	WINNIPEG, AR	RUNNER	65374	00:23:14.083	4:39/K	12.9kph	FEMALE	60	65374
9	ALEXIUK, TRESSA	WINNIPEG, AR	RUNNER	65302	00:24:46.136	4:57/K	12.1kph	FEMALE	40	65302
10	GUARINO, CASSIE	WINNIPEG, AR	RUNNER	65339	00:24:53.653	4:59/K	12.1kph	FEMALE	33	65339
11	MOFFATT, JULIAN	WINNIPEG, AR	RUNNER	65428	00:25:15.636	5:03/K	11.9kph	MALE	43	65428
12	MOFFATT, KYLEIGH	WINNIPEG, AR	RUNNER	65429	00:25:21.353	5:04/K	11.8kph	FEMALE	12	65429
13	MOFFATT, KATELIN	WINNIPEG, AR	RUNNER	65430	00:25:23.776	5:05/K	11.8kph	FEMALE	10	65430
14	MUEHLING, TIM	STEINBACH, AR	RUNNER	65415	00:25:41.273	5:08/K	11.7kph	MALE	32	65415
15	ANDREWS, PAIGE	KENORA, AR	RUNNER	65416	00:25:47.230	5:09/K	11.6kph	FEMALE	13	65416
16	CINTIJE, NICODEM	WINNIPEG, AR	RUNNER	65439	00:25:53.526	5:11/K	11.6kph	MALE	10	65439
17	MANSWELL, JADEN	LORETTE, AR	RUNNER	65443	00:25:56.730	5:11/K	11.6kph	MALE	13	65443
18	SAWBO, JEREMIAH	WINNIPEG, AR	RUNNER	65447	00:25:59.486	5:12/K	11.5kph	MALE	7	65447
19	PLETT, BREANNE	STEINBACH, AR	RUNNER	65377	00:26:06.450	5:13/K	11.5kph	FEMALE	22	65377
20	SVECOVA, DAGMAR	WINNIPEG, AR	RUNNER	65432	00:26:18.746	5:16/K	11.4kph	FEMALE	50	65432
21	ANDREWS, LIZ	KENORA, AR	RUNNER	65304	00:26:20.080	5:16/K	11.4kph	FEMALE	38	65304
22	MANSWELL, ROBERT	LORETTE, AR	RUNNER	65444	00:26:37.833	5:19/K	11.3kph	MALE	42	65444
23	BOWMAN, PATRICK	DUFRESNE, AR	RUNNER	65436	00:26:37.893	5:19/K	11.3kph	MALE	45	65436
24	HILDING, COLIN	WINNIPEG, AR	RUNNER	65453	00:26:44.956	5:21/K	11.2kph	MALE	35	65453
25	DEMPSTER, SCOTT	WINNIPEG, AR	RUNNER	65326	00:27:04.686	5:25/K	11.1kph	MALE	29	65326
26	CARTER, CATHERINE	WINNIPEG, AR	RUNNER	65438	00:27:46.636	5:33/K	10.8kph	FEMALE	31	65438
27	ZENTNER, PAIGE	WINNIPEG, AR	RUNNER	65413	00:28:04.790	5:37/K	10.7kph	FEMALE	45	65413
28	DAWSON, KATHLEEN	WINNIPEG, AR	RUNNER	65325	00:28:15.793	5:39/K	10.6kph	FEMALE	35	65325
29	WILTON, KIM	PORTAGE LA PRAIRIE, AR	RUNNER	65410	00:28:26.756	5:41/K	10.6kph	FEMALE	44	65410
30	ROMAGNOLI, BRYCE	WINNIPEG, AR	RUNNER	65386	00:28:32.553	5:42/K	10.5kph	MALE	21	65386
31	HUYNH, HALIE	WINNIPEG, AR	RUNNER	65346	00:28:46.993	5:45/K	10.4kph	FEMALE	13	65346
32	DESROCHERS, NIKO	WINNIPEG, AR	RUNNER	65423	00:29:15.356	5:51/K	10.3kph	MALE	8	65423
33	DESROCHERS, NIC	WINNIPEG, AR	RUNNER	65424	00:29:16.020	5:51/K	10.3kph	FEMALE	35	65424
34	MILLAR, SHELBY	WINNIPEG, AR	RUNNER	65370	00:29:17.226	5:51/K	10.2kph	FEMALE	22	65370
35	KABOHA, NATHALIE	LA BROQUERIE WEST, AR	RUNNER	65419	00:29:19.373	5:52/K	10.2kph	FEMALE	27	65419
36	GALAGAN, JOLENE	EAST. ST. PAUL, AR	RUNNER	65335	00:29:31.300	5:54/K	10.2kph	FEMALE	13	65335
37	GUMPRICH, JACKSON	WINNIPEG, AR	RUNNER	65341	00:29:55.223	5:59/K	10.0kph	MALE	11	65341
38	BOILEAU, JOELLE	WINNIPEG, AR	RUNNER	65308	00:30:09.673	6:02/K	10.0kph	FEMALE	26	65308
39	BEARDY, AMBER	STEINBACH, AR	RUNNER	65307	00:30:24.606	6:05/K	9.9kph	FEMALE	15	65307
40	BROWN, DARREN	WINNIPEG, AR	RUNNER	65314	00:30:27.700	6:05/K	9.9kph	MALE	45	65314
41	TODD, CHARISSA	WINNIPEG, AR	RUNNER	65399	00:30:30.450	6:06/K	9.8kph	FEMALE	32	65399
42	GRAY, SHERIE	WINNIPEG, AR	RUNNER	65338	00:30:32.950	6:06/K	9.8kph	FEMALE	37	65338
43	WEI, GRACE	WINNIPEG, AR	RUNNER	65409	00:30:42.800	6:08/K	9.8kph	FEMALE	20	65409
44	LAND, JEN	ERIKSDALE, AR	RUNNER	65355	00:30:54.960	6:11/K	9.7kph	FEMALE	34	65355
45	LEPINE, LISE	LORETTE, AR	RUNNER	65358	00:31:17.540	6:15/K	9.6kph	FEMALE	44	65358
46	PRYSTUPA, KRISTEN	WINNIPEG, AR	RUNNER	65446	00:31:25.123	6:17/K	9.5kph	FEMALE	30	65446
47	DELAQUIS, MIA	WINNIPEG, AR	RUNNER	65442	00:31:54.980	6:23/K	9.4kph	FEMALE	10	65442
48	MESSINER, MACKENZIE	WINNIPEG, CAN	RUNNER	65454	00:32:10.710	6:26/K	9.3kph	FEMALE	19	
49	CEFALI, MARIA	WINNIPEG, AR	RUNNER	65318	00:32:52.753	6:34/K	9.1kph	FEMALE	39	65318
50	ALDER, KATHLEEN	WINNIPEG, AR	RUNNER	65301	00:33:04.350	6:37/K	9.1kph	FEMALE	50	65301
51	FRICK, ADAM	WINNIPEG, AR	RUNNER	65426	00:33:08.210	6:38/K	9.1kph	MALE	9	65426
52	FRICK, LISA	WINNIPEG, AR	RUNNER	65425	00:33:08.530	6:38/K	9.1kph	FEMALE	48	65425
53	WONG, JODIE	WINNIPEG, AR	RUNNER	65411	00:33:15.766	6:39/K	9.0kph	FEMALE	44	65411
54	MCPHAIL, LEASLIE	WINNIPEG, AR	RUNNER	65452	00:33:16.016	6:39/K	9.0kph	FEMALE	50	65452
55	GUMPRICH, CHRIS	WINNIPEG, AR	RUNNER	65340	00:33:16.233	6:39/K	9.0kph	MALE	41	65340
56	HAYWARD, KRISTINE	WINNIPEG, AR	RUNNER	65343	00:33:35.860	6:43/K	8.9kph	FEMALE	44	65343

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57	WATT, JO-ANNA	WINNIPEG, AR	RUNNER	65422	00:33:36.920	6:43/K	8.9kph	FEMALE	31	65422
58	DONKERSLOOT, JOSH	WINNIPEG, AR	RUNNER	65417	00:33:37.616	6:43/K	8.9kph	MALE	33	65417
59	LUU, CINDY	WINNIPEG, AR	RUNNER	65361	00:33:45.710	6:45/K	8.9kph	FEMALE	31	65361
60	DUQUETTE, KIM	WINNIPEG, AR	RUNNER	65331	00:33:47.350	6:45/K	8.9kph	FEMALE	45	65331
61	BOWMAN, KATARYNE	DUFRESNE, AR	RUNNER	65437	00:34:04.613	6:49/K	8.8kph	FEMALE	15	65437
62	FUKUMURA, SHEILA	WINNIPEG, AR	RUNNER	65334	00:34:10.680	6:50/K	8.8kph	FEMALE	51	65334
63	BORLANG, JAMIE	WINNIPEG, AR	RUNNER	65311	00:34:11.903	6:50/K	8.8kph	FEMALE	34	65311
64	LEPP, ANDREA	STEINBACH, AR	RUNNER	65359	00:34:17.596	6:51/K	8.8kph	FEMALE	47	65359
65	COSTEN, GREG	CARBERRY, AR	RUNNER	65323	00:34:18.110	6:52/K	8.7kph	MALE	54	65323
66	SIMARD, VERONIQUE	WINNIPEG, AR	RUNNER	65389	00:34:24.296	6:53/K	8.7kph	FEMALE	26	65389
67	MELNYK, DWAYNE	WINNIPEG, AR	RUNNER	65368	00:34:47.313	6:57/K	8.6kph	MALE	30	65368
68	MURRAY-FRANCIS, ANDREA	WINNIPEG, AR	RUNNER	65372	00:34:52.560	6:58/K	8.6kph	FEMALE	51	65372
69	MCNEILL, CARLY	WINNIPEG, AR	RUNNER	65367	00:34:55.680	6:59/K	8.6kph	FEMALE	29	65367
70	DUGUID, SAMANTHA	WINNIPEG, AR	RUNNER	65330	00:34:59.553	7:00/K	8.6kph	FEMALE	27	65330
71	LACROIX, KRISTY	WINNIPEG, AR	RUNNER	65351	00:35:00.010	7:00/K	8.6kph	FEMALE	27	65351
72	TEKASALA, RACHELLE	WINNIPEG, AR	RUNNER	65398	00:35:32.240	7:06/K	8.4kph	FEMALE	22	65398
73	TOEWS, VANDA	WINNIPEG, AR	RUNNER	65402	00:35:40.840	7:08/K	8.4kph	FEMALE	34	65402
74	RITCHOT, CARRIE	WINNIPEG, AR	RUNNER	65382	00:35:57.900	7:11/K	8.3kph	FEMALE	41	65382
75	LAMBOO, LINDSEY	WINNIPEG, AR	RUNNER	65354	00:36:13.120	7:15/K	8.3kph	FEMALE	25	65354
76	ROMAGNOLI, GINO	WINNIPEG, AR	RUNNER	65387	00:36:32.356	7:18/K	8.2kph	MALE	55	65387
77	MCFEETORS, RIKKE	WINNIPEG, AR	RUNNER	65366	00:37:00.953	7:24/K	8.1kph	FEMALE	41	65366
78	CHISHOLM, LISA	WINNIPEG, AR	RUNNER	65322	00:37:01.080	7:24/K	8.1kph	FEMALE	48	65322
79	BAILEY, CHRISTOPHER	WINNIPEG, AR	RUNNER	65305	00:37:03.890	7:25/K	8.1kph	MALE	45	65305
80	ROMAGNOLI, CARINA	WINNIPEG, AR	RUNNER	65385	00:37:23.323	7:29/K	8.0kph	FEMALE	25	65385
81	PRUDEN, JASON	WINNIPEG, AR	RUNNER	65379	00:37:26.556	7:29/K	8.0kph	MALE	45	65379
82	LY, DANNY	WINNIPEG, AR	RUNNER	65362	00:37:34.776	7:31/K	8.0kph	MALE	27	65362
83	JONES, AIDEN1	LONDON, CAN	RUNNER	65456	00:37:37.563	7:31/K	8.0kph	MALE	13	
84	DLOT, CHASE	WINNIPEG, AR	RUNNER	65328	00:37:40.976	7:32/K	8.0kph	MALE	7	65328
85	BALCAEN, JANIQUE	WINNIPEG, AR	RUNNER	65434	00:37:40.976	7:32/K	8.0kph	FEMALE	12	65434
86	DLOT, MEAGAN	WINNIPEG, AR	RUNNER	65327	00:37:43.243	7:33/K	8.0kph	FEMALE	33	65327
87	DELAQUIS, SOPHIE	WINNIPEG, AR	RUNNER	65441	00:37:45.126	7:33/K	7.9kph	FEMALE	13	65441
88	SKELLY, LAUREN	WINNIPEG, AR	RUNNER	65391	00:38:00.080	7:36/K	7.9kph	FEMALE	35	65391
89	MANSWELL, MAYA	LORETTE, AR	RUNNER	65445	00:38:08.540	7:38/K	7.9kph	FEMALE	15	65445
90	FRIESEN, DAVID	WEST ST. PAUL, AR	RUNNER	65418	00:38:15.050	7:39/K	7.8kph	MALE	54	65418
91	WOO, ALAN	WINNIPEG, AR	RUNNER	65412	00:38:16.660	7:39/K	7.8kph	MALE	38	65412
92	CHAMPAGNE, ADDISON	WINNIPEG, AR	RUNNER	65320	00:38:18.976	7:40/K	7.8kph	MALE	8	65320
93	CHAMPAGNE, RICK	WINNIPEG, AR	RUNNER	65319	00:38:19.336	7:40/K	7.8kph	MALE	45	65319
94	KOZORIZ, ELIZABETH	WINNIPEG, AR	RUNNER	65348	00:38:20.823	7:40/K	7.8kph	FEMALE	61	65348
95	RATUSKI, CATHY	WINNIPEG, AR	RUNNER	65381	00:38:21.313	7:40/K	7.8kph	FEMALE	55	65381
96	TOLCHINSKY, TRINA	WINNIPEG, AR	RUNNER	65403	00:38:22.083	7:40/K	7.8kph	FEMALE	36	65403
97	PLETT, SHELLY	WINNIPEG, AR	RUNNER	65376	00:38:23.263	7:41/K	7.8kph	FEMALE	28	65376
98	YUSON, ARIANNE	WINNIPEG, CAN	RUNNER	65457	00:38:31.743	7:42/K	7.8kph	FEMALE	25	
99	MCPHAIL, MAX	WINNIPEG, AR	RUNNER	65451	00:38:34.556	7:43/K	7.8kph	MALE	15	65451
100	CARRIERE, WENDY	DUGALD, AR	RUNNER	65316	00:38:35.376	7:43/K	7.8kph	FEMALE	41	65316
101	CARRIERE, HAIDYN	DUGALD, AR	RUNNER	65317	00:38:35.410	7:43/K	7.8kph	FEMALE	9	65317
102	CHARTRAND, JANE-MARIE	WINNIPEG, AR	RUNNER	65321	00:38:40.716	7:44/K	7.8kph	FEMALE	39	65321
103	KING, VICKY	WINNIPEG, AR	RUNNER	65450	00:38:40.826	7:44/K	7.8kph	FEMALE	36	65450
104	WARD, CONOR	WEST ST PAUL, AR	RUNNER	65421	00:38:49.706	7:46/K	7.7kph	MALE	8	65421
105	WARD, RYAN	WEST ST PAUL, AR	RUNNER	65433	00:38:50.290	7:46/K	7.7kph	MALE	38	65433
106	DELAQUIS, GENEVIEVE	WINNIPEG, AR	RUNNER	65440	00:39:12.956	7:50/K	7.7kph	FEMALE	43	65440
107	BISSONNETTE, MICHELLE	WINNIPEG, AR	RUNNER	65435	00:39:20.270	7:52/K	7.6kph	FEMALE	27	65435
108	HOULBROOK, WILLIAM	WINNIPEG, AR	RUNNER	65345	00:39:32.820	7:54/K	7.6kph	MALE	37	65345
109	BOND, CATHE	WINNIPEG, AR	RUNNER	65310	00:40:02.080	8:00/K	7.5kph	FEMALE	59	65310
110	MUEHLING, PETER	STEINBACH, AR	RUNNER	65414	00:40:41.316	8:08/K	7.4kph	MALE	58	65414

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111	SKELLY, BRYNA	WINNIPEG, AR	RUNNER	65390	00:45:24.840	9:05/K	6.6kph	FEMALE	28	65390
112	KROZKIN, ALEX	WINNIPEG, AR	RUNNER	65349	00:48:03.690	9:37/K	6.2kph	MALE	42	65349
113	TOFFEN, JOSE	WINNIPEG, AR	RUNNER	65420	00:59:43.800	11:57/K	5.0kph	FEMALE	27	65420