



2017 Manitoba Runners' Association Race Calendar

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Sun. 29 Frostbite River Run 5 Mile Race
Riverview Community Centre 10:00 a.m.
90 Ashland Avenue, Winnipeg
Dennis Cunningham: (204) 891-6229
E-mail: racedirector@frostbiteriverrun.ca

Sat. 11 Great Grain Wellness Relay
Max Bell Centre, U of M - 12:00 noon
David Hooper: (204) 926-3848; dhooper@colliers.mb.ca
Website: greatgrainrelay.ca

Sun. 2 MEC Winnipeg Race One - 5k & 10k
MRA#1 MRA Race Series - 5k
Assiniboine Park Conservatory 8:00 a.m.
MEC Winnipeg: (204) 943-4202; Winston.to@mec.ca

Mon. 3 MRA Annual General Meeting - 7:30 p.m.
Reh Fit Centre, 1390 Taylor Ave. Seminar Room "B"
MRA office: (204) 477-5185; office@mraweb.ca
All 2017 members welcome!

Sun. 9 Tri MB April Run Series #1 - 2k & 5k
MRA#2 MRA Race Series - 5k/Youth Series - 2k or 5k
YS#1
Assiniboine Park Conservatory 9:00 a.m.
Dwayne Olson: dwayne_olson@hotmail.com

Mon. 10 MRA Hall of Fame Banquet
Canad Inn - 1824 Pembina Hwy. 5:30 p.m.
MRA office: (204) 477-5185; office@mraweb.ca

Sat. 22 Freedom Run 2 - 5k & 10k races; 1k Family run
St Peter's Parish 748 Keewatin St Wpg 9:00 a.m.
Aileen Layacan: (204) 918-5790
Luz Sanchez: (204) 228-8891

Sun. 23 Tri MB April Run Series #2 - 2k, 5k & 10k
MRA#3 MRA Race Series - 10k/Youth Series - 2k or 5k
YS#2
Assiniboine Park Conservatory 9:00 a.m.
Dwayne Olson: dwayne_olson@hotmail.com

Sat. 29 Go for the Burn Run 10k run; 5k run/walk; 3k Youth run; 3k walk
YS#3 MRA Youth Series - 3k or 5k
Assiniboine Park Conservatory 9:00 a.m.
Ashley Wilson: (204) 298-1379
ashleyjdwilson@hotmail.com

Sun. 30 Tri MB April Run Series #3 - 2k, 5k & 15k
MRA#4 MRA Race Series - 15k/Youth Series - 2k or 5k
YS#4
Assiniboine Park Conservatory 9:00 a.m.
Dwayne Olson: dwayne_olson@hotmail.com

Sun. 30 Manitoba Mutts Annual Run Your Heart Out 5k & 8k Fun Run
St. Vital Park (Site #4) 9:30 a.m.
Michelle Sutherland: (204)995-3393
msutherland@manitobamutts.org

Sat. 6 Run at the Ridge 2k & 5k race
YS#5 MRA Youth Series - 2k or 5k
Whyte Ridge Elementary School, 400 Scurfield 8:30 a.m.
Sue Zajac: (204) 488-4245; szajac@pembinatrails.ca

Sun. 7 Winnipeg Police Service Half Marathon 2 Person Relay & 5k
MRA#5 MRA Race Series - Half Marathon
Assiniboine Park 8:00 a.m.
Nick Paulet: www.wpshalfmarathon.ca

This symbol indicates courses that have been measured and certified by Athletics Canada

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Sun. 14 MEC Winnipeg Race Two - 5k & 10k & Half Marathon
Birds Hill Provincial Park/Group Use Area loop 7:00 a.m.
MEC Winnipeg: (204) 943-4202; Winston.to@mec.ca

Sat. 27 Headingley Fire Dept Run for Wishes 5k run & 3k walk
MRA#7 MRA Race Series - 5k/Youth Series - 3k or 5k
YS#7
Headingley Fire Hall - 126 Bridge Rd. Headingley 9:00 a.m.
Glenn Reimer: (204) 889-5806; greimer@shaw.ca
Doug Hansen: (204) 782-8217

Sat. 27 Run and Walk to Remember (10k Run/5k Run/Walk) Sponsored by the Curtis Klassen Memorial Fund
Altona Park, Altona, MB 9:00 a.m.
Wendy Dyck: (204) 324-7681; ckmemorialfund@hotmail.com
Find us on Facebook

Sat. 27 Color Me Rad 5k
Red River Exhibition Park 9:00 a.m.
Wyatt Grow: (801) 787-4387; wyatt@colormerad.com

Sun. 28 RCAF Run - Half Marathon & 2-person Relay; 10k 5k & 3k Family Fun Run/Walk
17 Wing, 680 Wihuri Road., Winnipeg, MB 9:00 a.m.
Heather Collins:204-833-2500 ext 6719;airforcerun@forces.gc.ca

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Sat. 3 Winnipeg Frontrunners Pride Run 5k & 10k Fun Run/Walk
The Forks Festival Park and Stage 10:00 a.m.
Claude Ouellette: (204) 960-3936; wpgpriderun@gmail.com

Sat. 3 Walk/Run to Cure Huntington Disease 5k & 10k Fun Run/Walk
Assiniboine Park Conservatory 9:00 a.m.
Vern Barrett: (204) 694-1779; info@hdmanitoba.ca
www.hdmanitoba.ca

Sun. 4 Commit to Get Fit Run 5k & 10k
MRA#8 MRA Race Series - 10k/Youth Series - 5k
YS#8
Wellness Institute, Seven Oaks General Hospital 9:00 a.m.
(204) 632-3900; info@wellnessinstitute.ca

Sun. 4 Lace Up for Diabetes 10k, 5k, & 3k & Kids' Fun Run
Assiniboine Park Conservatory 8:00 a.m.
Gwen Smith: (204) 925-6193; gwen.smith@diabetes.ca

Sun. 4 Swan River Fun Run 2k, 5k, 10k & 1/2 Marathon
Legion Park, Swan River, MB 8:00 a.m.
Keith Immerkar: (204) 734-0720
http://swanriverfunrun.webs.com

Sun. 18 Manitoba Marathon: Full Marathon, Half Marathon, Marathon Relay & Super Run (4.2k)
MRA#9 MRA Race Series - Half Marathon
Investor's Group Field, 315 Chancellor Matheson Road 7:00am
Marathon Office: (204) 415-4517
running@manitobamarathon.mb.ca

Thurs. 29 Healthy Horizon 5k Fun Run
The Forks/Oodena Celebration Circle 12:00 p.m.
Cynthia Clark: (204) 934-1534
healthyhorizonsfoundation@northwest.ca

