

April Run Series Race #3 - 15K

Overall Male Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5042	Darren Klassen	00:54:08.15		Runner	East St Paul, MB	3:37/K	16.6kph	1	48	
		Lap 1 >	0:18:19.543								(0:18:19.543)
		Lap 2 >	0:17:56.670								(0:36:16.213)
		Lap 3 >	0:17:51.937								(0:54:08.150)
2.	5024	Jonas Eastcott	00:55:50.62		Runner	Sanford, MB	3:43/K	16.1kph	2	26	
		Lap 1 >	0:18:45.887								(0:18:45.887)
		Lap 2 >	0:18:32.036								(0:37:17.923)
		Lap 3 >	0:18:32.700								(0:55:50.623)
3.	5033	Josh Guenther	00:57:25.19		Runner	Winnipeg, MB	3:50/K	15.7kph	3	25	
		Lap 1 >	0:19:00.147								(0:19:00.147)
		Lap 2 >	0:19:19.540								(0:38:19.687)
		Lap 3 >	0:19:05.510								(0:57:25.197)

Overall Female Runner

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5058	Janie Parson	01:10:15.20		Runner	Winnipeg, MB	4:41/K	12.8kph	13	44	
		Lap 1 >	0:22:49.723								(0:22:49.723)
		Lap 2 >	0:23:32.644								(0:46:22.367)
		Lap 3 >	0:23:52.833								(1:10:15.200)
2.	5023	Wendy Dyck	01:12:25.44		Runner	Altona, MB	4:50/K	12.4kph	18	41	
		Lap 1 >	0:23:45.433								(0:23:45.433)
		Lap 2 >	0:24:11.214								(0:47:56.647)
		Lap 3 >	0:24:28.800								(1:12:25.447)
3.	5072	Ciara Sebelius	01:13:31.56		Runner	Winnipeg, MB	4:54/K	12.2kph	21	25	
		Lap 1 >	0:24:10.110								(0:24:10.110)
		Lap 2 >	0:24:45.487								(0:48:55.597)
		Lap 3 >	0:24:35.970								(1:13:31.567)

Male 15 - 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5007	Xander Bjornsson	01:20:43.88		Runner	Winnipeg, MB	5:23/K	11.2kph	26	17	
		Lap 1 >	0:27:43.690								(0:27:43.690)
		Lap 2 >	0:26:14.900								(0:53:58.590)
		Lap 3 >	0:26:45.293								(1:20:43.883)

Male 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5024	Jonas Eastcott	00:55:50.62		Runner	Sanford, MB	3:43/K	16.1kph	2	26	
		Lap 1 >	0:18:45.887								(0:18:45.887)
		Lap 2 >	0:18:32.036								(0:37:17.923)
		Lap 3 >	0:18:32.700								(0:55:50.623)
2.	5033	Josh Guenther	00:57:25.19		Runner	Winnipeg, MB	3:50/K	15.7kph	3	25	
		Lap 1 >	0:19:00.147								(0:19:00.147)
		Lap 2 >	0:19:19.540								(0:38:19.687)
		Lap 3 >	0:19:05.510								(0:57:25.197)
3.	5061	Trevor Pilgrim	01:09:10.89		Runner	Winnipeg, MB	4:37/K	13.0kph	11	28	
		Lap 1 >	0:23:43.027								(0:23:43.027)
		Lap 2 >	0:23:28.300								(0:47:11.327)
		Lap 3 >	0:21:59.563								(1:09:10.890)

Female 25 - 29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5072	Ciara Sebelius	01:13:31.56		Runner	Winnipeg, MB	4:54/K	12.2kph	21	25	
		Lap 1 >	0:24:10.110								(0:24:10.110)
		Lap 2 >	0:24:45.487								(0:48:55.597)
		Lap 3 >	0:24:35.970								(1:13:31.567)

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Male 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5097	Thomas Urish	01:07:02.18		Runner	Winnipeg, CAN	4:28/K	13.4kph	8	33	
		Lap 1 >	0:21:19.853								(0:21:19.853)
		Lap 2 >	0:22:52.724								(0:44:12.577)
		Lap 3 >	0:22:49.606								(1:07:02.183)
2.	5044	Brett Lamoureux	01:18:17.89		Runner	Winnipeg, MB	5:13/K	11.5kph	24	33	
		Lap 1 >	0:24:32.640								(0:24:32.640)
		Lap 2 >	0:26:22.593								(0:50:55.233)
		Lap 3 >	0:27:22.664								(1:18:17.897)
3.	5134	Alfred Aguila	01:21:33.32		Runner	Winnipeg, CAN	5:26/K	11.0kph	27	31	
		Lap 1 >	0:27:11.313								(0:27:11.313)
		Lap 2 >	0:27:26.754								(0:54:38.067)
		Lap 3 >	0:26:55.253								(1:21:33.320)

Female 30 - 34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5031	Ana Gonzalez	01:21:39.46		Runner	Winnipeg, MB	5:27/K	11.0kph	29	34	
		Lap 1 >	0:27:05.090								(0:27:05.090)
		Lap 2 >	0:27:28.657								(0:54:33.747)
		Lap 3 >	0:27:05.713								(1:21:39.460)

Male 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5123	Roberto Reis	01:04:34.98		Runner	Winnipeg, CAN	4:18/K	13.9kph	5	39	
		Lap 1 >	0:21:26.163								(0:21:26.163)
		Lap 2 >	0:21:38.230								(0:43:04.393)
		Lap 3 >	0:21:30.594								(1:04:34.987)
2.	5133	Michael Thompson	01:14:00.60		Runner	Winnipeg, MB	4:56/K	12.2kph	22	39	
		Lap 1 >	0:24:01.827								(0:24:01.827)
		Lap 2 >	0:24:55.023								(0:48:56.850)
		Lap 3 >	0:25:03.757								(1:14:00.607)
3.	5010	Mark Chan	01:39:46.81		Runner	Winnipeg, MB	6:39/K	9.0kph	38	35	
		Lap 1 >	0:31:52.693								(0:31:52.693)
		Lap 2 >	0:33:36.070								(1:05:28.763)
		Lap 3 >	0:34:18.050								(1:39:46.813)

Female 35 - 39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5003	Michelle Averia	01:21:39.25		Runner	Winnipeg, MB	5:27/K	11.0kph	28	35	
		Lap 1 >	0:27:04.683								(0:27:04.683)
		Lap 2 >	0:27:28.504								(0:54:33.187)
		Lap 3 >	0:27:06.070								(1:21:39.257)

Male 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5059	Scott Penner	01:08:01.47		Runner	Winnipeg, MB	4:32/K	13.2kph	10	43	
		Lap 1 >	0:21:51.233								(0:21:51.233)
		Lap 2 >	0:22:41.844								(0:44:33.077)
		Lap 3 >	0:23:28.393								(1:08:01.470)
2.	5076	Andrew Stuart-Edwards	01:10:35.20		Runner	Winnipeg, MB	4:42/K	12.8kph	14	43	
		Lap 1 >	0:21:58.343								(0:21:58.343)
		Lap 2 >	0:23:50.677								(0:45:49.020)
		Lap 3 >	0:24:46.183								(1:10:35.203)

Female 40 - 44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5058	Janie Parson	01:10:15.20		Runner	Winnipeg, MB	4:41/K	12.8kph	13	44	
		Lap 1 >	0:22:49.723								(0:22:49.723)
		Lap 2 >	0:23:32.644								(0:46:22.367)
		Lap 3 >	0:23:52.833								(1:10:15.200)

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2.	5023	Wendy Dyck	01:12:25.44	Runner	Altona, MB	4:50/K	12.4kph	18	41
		Lap 1 >	0:23:45.433						
		Lap 2 >	0:24:11.214						
		Lap 3 >	0:24:28.800						

Male 45 - 49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5042	Darren Klassen	00:54:08.15		Runner	East St Paul, MB	3:37/K	16.6kph	1	48	
		Lap 1 >	0:18:19.543								
		Lap 2 >	0:17:56.670								
		Lap 3 >	0:17:51.937								
2.	5132	Jason Dunham	01:00:38.39		Runner	The Pas, MB	4:03/K	14.8kph	4	45	
		Lap 1 >	0:19:52.020								
		Lap 2 >	0:20:17.663								
		Lap 3 >	0:20:28.710								
3.	5062	Kevin Read	01:13:08.75		Runner	Winnipeg, MB	4:53/K	12.3kph	20	49	
		Lap 1 >	0:23:59.383								
		Lap 2 >	0:24:36.887								
		Lap 3 >	0:24:32.480								
4.	5078	Andrew Swan	01:14:36.54		Runner	Winnipeg, MB	4:58/K	12.1kph	23	48	
		Lap 1 >	0:24:33.983								
		Lap 2 >	0:24:43.377								
		Lap 3 >	0:25:19.180								

Male 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5131	Tim Magas	01:11:24.69		Runner	Winnipeg, MB	4:46/K	12.6kph	16	50	
		Lap 1 >	0:24:02.577								
		Lap 2 >	0:23:41.516								
		Lap 3 >	0:23:40.597								
2.	5079	Stephen Terichow Parrott	01:12:49.39		Runner	Winnipeg, MB	4:51/K	12.4kph	19	54	
		Lap 1 >	0:24:00.453								
		Lap 2 >	0:23:54.124								
		Lap 3 >	0:24:54.813								
3.	5102	Shawn Bjornsson	01:37:19.54		Runner	Winnipeg, MB	6:29/K	9.2kph	35	53	
		Lap 1 >	0:30:15.530								
		Lap 2 >	0:31:52.817								
		Lap 3 >	0:35:11.200								

Female 50 - 54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5050	Catherine McKay	01:26:13.74		Runner	Winnipeg, MB	5:45/K	10.4kph	30	51	
		Lap 1 >	0:27:32.330								
		Lap 2 >	0:28:28.853								
		Lap 3 >	0:30:12.560								
2.	5075	Louise Stuart	01:29:32.84		Runner	Winnipeg, MB	5:58/K	10.1kph	32	54	
		Lap 1 >	0:29:06.973								
		Lap 2 >	0:29:51.170								
		Lap 3 >	0:30:34.700								
3.	5124	Anita Daher	01:35:53.79		Runner	Winnipeg, CAN	6:24/K	9.4kph	34	51	
		Lap 1 >	0:31:54.090								
		Lap 2 >	0:32:41.607								
		Lap 3 >	0:31:18.096								

Male 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5087	Bruce Young	01:05:25.75		Runner	Winnipeg, MB	4:22/K	13.8kph	6	58	
		Lap 1 >	0:21:40.437								
		Lap 2 >	0:22:02.543								
		Lap 3 >	0:21:42.773								

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2.	5016	Bob Cox	01:05:44.04	Runner	Winnipeg, MB	4:23/K	13.7kph	7	56
		Lap 1 >	0:21:43.797 (0:21:43.797)						
		Lap 2 >	0:22:06.260 (0:43:50.057)						
		Lap 3 >	0:21:53.986 (1:05:44.043)						
3.	5027	Neil Ferguson	01:09:44.70	Runner	Winnipeg, MB	4:39/K	12.9kph	12	59
		Lap 1 >	0:21:52.670 (0:21:52.670)						
		Lap 2 >	0:23:40.700 (0:45:33.370)						
		Lap 3 >	0:24:11.333 (1:09:44.703)						
4.	5029	Gordon Flett	01:10:41.25	Runner	Winnipeg, MB	4:43/K	12.7kph	15	57
		Lap 1 >	0:22:58.130 (0:22:58.130)						
		Lap 2 >	0:23:46.823 (0:46:44.953)						
		Lap 3 >	0:23:56.300 (1:10:41.253)						

Female 55 - 59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5035	Jan Hawkins	01:27:37.02		Runner	Winnipeg, MB	5:50/K	10.3kph	31	58	
		Lap 1 >	0:28:35.940 (0:28:35.940)								
		Lap 2 >	0:29:23.263 (0:57:59.203)								
		Lap 3 >	0:29:37.820 (1:27:37.023)								

Male 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5030	Pete Gagne	01:12:04.68		Runner	Winnipeg, MB	4:48/K	12.5kph	17	60	
		Lap 1 >	0:23:52.777 (0:23:52.777)								
		Lap 2 >	0:23:59.150 (0:47:51.927)								
		Lap 3 >	0:24:12.753 (1:12:04.680)								

Female 60 - 64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5055	Danielle Papin	01:18:32.06		Runner	Winnipeg, MB	5:14/K	11.5kph	25	61	
		Lap 1 >	0:25:50.410 (0:25:50.410)								
		Lap 2 >	0:26:27.210 (0:52:17.620)								
		Lap 3 >	0:26:14.447 (1:18:32.067)								
2.	5008	Gwen M Bonneville	01:38:38.35		Runner	Winnipeg, MB	6:35/K	9.1kph	36	63	
		Lap 1 >	0:30:46.807 (0:30:46.807)								
		Lap 2 >	0:32:21.180 (1:03:07.987)								
		Lap 3 >	0:35:30.370 (1:38:38.357)								

Male 65 - 69

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5006	Vern Coot Bird	01:31:44.57		Runner	Winnipeg, MB	6:07/K	9.8kph	33	66	
		Lap 1 >	0:29:42.997 (0:29:42.997)								
		Lap 2 >	0:30:02.140 (0:59:45.137)								
		Lap 3 >	0:31:59.436 (1:31:44.573)								

Male 70 - 74

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5080	Grant Towns	01:07:14.07		Runner	Winnipeg, MB	4:29/K	13.4kph	9	70	
		Lap 1 >	0:21:50.500 (0:21:50.500)								
		Lap 2 >	0:22:44.557 (0:44:35.057)								
		Lap 3 >	0:22:39.013 (1:07:14.070)								

Male 75 - 79

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	5001	Jim Anderson	01:39:46.75		Runner	Winnipeg, MB	6:39/K	9.0kph	37	78	
		Lap 1 >	0:31:52.477 (0:31:52.477)								
		Lap 2 >	0:33:35.760 (1:05:28.237)								
		Lap 3 >	0:34:18.513 (1:39:46.750)								