

MEC Race # 1 10K

Overall Male Runner 19+

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6682	Steven Graupner	00:34:21.46		Runner	St Malo, MB	3:26/K	17.5kph	1	28	
		<i>Finishers ></i>	<i>0:17:10.380</i>								
		<i>Split 2 ></i>	<i>0:17:11.083</i>								
			<i>(0:17:10.380)</i>								
			<i>(0:34:21.463)</i>								
2.	8009	Steffan Reimer	00:34:26.83		Runner	Blumenort, MB	3:27/K	17.4kph	2	28	
		<i>Finishers ></i>	<i>0:17:10.443</i>								
		<i>Split 2 ></i>	<i>0:17:16.393</i>								
			<i>(0:17:10.443)</i>								
			<i>(0:34:26.836)</i>								
3.	6663	Jamie Falk	00:34:31.73		Runner	Winnipeg, MB	3:27/K	17.4kph	3	42	
		<i>Finishers ></i>	<i>0:17:10.783</i>								
		<i>Split 2 ></i>	<i>0:17:20.947</i>								
			<i>(0:17:10.783)</i>								
			<i>(0:34:31.730)</i>								

Overall Male Under 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6696	YESUNG HAN	00:48:07.79		Runner	Winnipeg, MB	4:49/K	12.5kph	60	16	
		<i>Finishers ></i>	<i>0:24:36.240</i>								
		<i>Split 2 ></i>	<i>0:23:31.550</i>								
			<i>(0:24:36.240)</i>								
			<i>(0:48:07.790)</i>								
2.	6698	Brendan Hargrave	00:50:45.17		Runner	Winnipeg, MB	5:04/K	11.8kph	78	0	
		<i>Finishers ></i>	<i>0:26:56.740</i>								
		<i>Split 2 ></i>	<i>0:23:48.436</i>								
			<i>(0:26:56.740)</i>								
			<i>(0:50:45.176)</i>								
3.	7710	Eric Jackimec	00:55:59.88		Runner	Winnipeg, MB	5:36/K	10.7kph	128	14	
		<i>Finishers ></i>	<i>0:28:22.890</i>								
		<i>Split 2 ></i>	<i>0:27:36.990</i>								
			<i>(0:28:22.890)</i>								
			<i>(0:55:59.880)</i>								

Overall Female Runner 19+

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6646	Rebecca Cunnane	00:39:23.74		Runner	Winnipeg, MB	3:56/K	15.2kph	9	37	
		<i>Finishers ></i>	<i>0:19:33.713</i>								
		<i>Split 2 ></i>	<i>0:19:50.033</i>								
			<i>(0:19:33.713)</i>								
			<i>(0:39:23.746)</i>								
2.	7739	Arielle Lambert	00:41:52.12		Runner	winnipeg, MB	4:11/K	14.3kph	19	25	
		<i>Finishers ></i>	<i>0:20:40.716</i>								
		<i>Split 2 ></i>	<i>0:21:11.407</i>								
			<i>(0:20:40.716)</i>								
			<i>(0:41:52.123)</i>								
3.	6635	Amy Campbell	00:42:56.38		Runner	Winnipeg, MB	4:18/K	14.0kph	23	37	
		<i>Finishers ></i>	<i>0:21:40.076</i>								
		<i>Split 2 ></i>	<i>0:21:16.307</i>								
			<i>(0:21:40.076)</i>								
			<i>(0:42:56.383)</i>								

Overall Female Under 19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	8051	Diane Ventura	00:47:41.34		Runner	WINNIPEG, MB	4:46/K	12.6kph	57	0	
		<i>Finishers ></i>	<i>0:24:40.970</i>								
		<i>Split 2 ></i>	<i>0:23:00.373</i>								
			<i>(0:24:40.970)</i>								
			<i>(0:47:41.343)</i>								
2.	7758	Helen Lunn	00:58:20.38		Runner	La Salle, MB	5:50/K	10.3kph	146	15	
		<i>Finishers ></i>	<i>0:29:24.956</i>								
		<i>Split 2 ></i>	<i>0:28:55.430</i>								
			<i>(0:29:24.956)</i>								
			<i>(0:58:20.386)</i>								
3.	6615	Amber Beardy	01:00:39.29		Runner	Steinbach, MB	6:04/K	9.9kph	161	16	
		<i>Finishers ></i>	<i>0:29:07.413</i>								
		<i>Split 2 ></i>	<i>0:31:31.877</i>								
			<i>(0:29:07.413)</i>								
			<i>(1:00:39.290)</i>								

Male 0-9

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6698	Brendan Hargrave	00:50:45.17		Runner	Winnipeg, MB	5:04/K	11.8kph	78	0	
		<i>Finishers ></i>	<i>0:26:56.740</i>								
		<i>Split 2 ></i>	<i>0:23:48.436</i>								
			<i>(0:26:56.740)</i>								
			<i>(0:50:45.176)</i>								

Male 10-14

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7710	Eric Jackimec	00:55:59.88		Runner	Winnipeg, MB	5:36/K	10.7kph	128	14	
		<i>Finishers ></i>	<i>0:28:22.890</i>								
		<i>Split 2 ></i>	<i>0:27:36.990</i>								
			<i>(0:28:22.890)</i>								
			<i>(0:55:59.880)</i>								

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Female

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	8051	Diane Ventura	00:47:41.34		Runner	WINNIPEG, MB	4:46/K	12.6kph	57	0	
		<i>Finishers ></i>	<i>0:24:40.970</i>								
		<i>Split 2 ></i>	<i>0:23:00.373</i>								
			<i>(0:24:40.970)</i>								
			<i>(0:47:41.343)</i>								
2.	6625	Jamie Borlang	01:02:18.55		Runner	Winnipeg, MB	6:14/K	9.6kph	180	0	
		<i>Finishers ></i>	<i>0:30:25.100</i>								
		<i>Split 2 ></i>	<i>0:31:53.450</i>								
			<i>(0:30:25.100)</i>								
			<i>(1:02:18.550)</i>								
3.	6643	Chastity Cleofas Afurong	01:09:44.32		Runner	Winnipeg, MB	6:58/K	8.6kph	197	0	
		<i>Finishers ></i>	<i>0:33:21.670</i>								
		<i>Split 2 ></i>	<i>0:36:22.650</i>								
			<i>(0:33:21.670)</i>								
			<i>(1:09:44.320)</i>								

Female 15-19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7758	Helen Lunn	00:58:20.38		Runner	La Salle, MB	5:50/K	10.3kph	146	15	
		<i>Finishers ></i>	<i>0:29:24.956</i>								
		<i>Split 2 ></i>	<i>0:28:55.430</i>								
			<i>(0:29:24.956)</i>								
			<i>(0:58:20.386)</i>								
2.	6615	Amber Beardy	01:00:39.29		Runner	Steinbach, MB	6:04/K	9.9kph	161	16	
		<i>Finishers ></i>	<i>0:29:07.413</i>								
		<i>Split 2 ></i>	<i>0:31:31.877</i>								
			<i>(0:29:07.413)</i>								
			<i>(1:00:39.290)</i>								
3.	6651	Mary Guenevere Dayag	01:21:42.96		Runner	Winnipeg, MB	8:10/K	7.3kph	202	16	
		<i>Finishers ></i>	<i>0:41:41.453</i>								
		<i>Split 2 ></i>	<i>0:40:01.507</i>								
			<i>(0:41:41.453)</i>								
			<i>(1:21:42.960)</i>								

Female 20-24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6624	Sarah Boila	00:44:52.30		Runner	Winnipeg, MB	4:29/K	13.4kph	30	24	
		<i>Finishers ></i>	<i>0:22:29.333</i>								
		<i>Split 2 ></i>	<i>0:22:22.967</i>								
			<i>(0:22:29.333)</i>								
			<i>(0:44:52.300)</i>								
2.	8017	Krista Rossum	00:45:08.70		Runner	Winnipeg, MB	4:31/K	13.3kph	32	23	
		<i>Finishers ></i>	<i>0:22:06.043</i>								
		<i>Split 2 ></i>	<i>0:23:02.660</i>								
			<i>(0:22:06.043)</i>								
			<i>(0:45:08.703)</i>								
3.	8034	Samantha Squire	00:47:35.36		Runner	Winnipeg, MB	4:45/K	12.6kph	56	23	
		<i>Finishers ></i>	<i>0:23:10.910</i>								
		<i>Split 2 ></i>	<i>0:24:24.450</i>								
			<i>(0:23:10.910)</i>								
			<i>(0:47:35.360)</i>								
4.	8024	Ellie Schwartz	00:54:42.06		Runner	Winnipeg, MB	5:28/K	11.0kph	114	24	
		<i>Finishers ></i>	<i>0:26:21.280</i>								
		<i>Split 2 ></i>	<i>0:28:20.783</i>								
			<i>(0:26:21.280)</i>								
			<i>(0:54:42.063)</i>								
5.	8002	Breanne Plett	00:55:29.15		Runner	Steinbach, MB	5:33/K	10.8kph	123	23	
		<i>Finishers ></i>	<i>0:27:55.296</i>								
		<i>Split 2 ></i>	<i>0:27:33.857</i>								
			<i>(0:27:55.296)</i>								
			<i>(0:55:29.153)</i>								
6.	8038	Maureen Sutherland	00:57:28.80		Runner	Winnipeg, MB	5:45/K	10.4kph	142	24	
		<i>Finishers ></i>	<i>0:28:38.103</i>								
		<i>Split 2 ></i>	<i>0:28:50.697</i>								
			<i>(0:28:38.103)</i>								
			<i>(0:57:28.800)</i>								
7.	6639	Alyssa Chandler	01:02:15.01		Runner	Winnipeg, MB	6:14/K	9.6kph	176	23	
		<i>Finishers ></i>	<i>0:30:17.490</i>								
		<i>Split 2 ></i>	<i>0:31:57.523</i>								
			<i>(0:30:17.490)</i>								
			<i>(1:02:15.013)</i>								

Female 25-29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7739	Arielle Lambert	00:41:52.12		Runner	winnipeg, MB	4:11/K	14.3kph	19	25	
		<i>Finishers ></i>	<i>0:20:40.716</i>								
		<i>Split 2 ></i>	<i>0:21:11.407</i>								
			<i>(0:20:40.716)</i>								
			<i>(0:41:52.123)</i>								
2.	6623	Claudia Blandford	00:43:05.53		Runner	Winnipeg, MB	4:18/K	13.9kph	24	27	
		<i>Finishers ></i>	<i>0:20:57.650</i>								
		<i>Split 2 ></i>	<i>0:22:07.880</i>								
			<i>(0:20:57.650)</i>								
			<i>(0:43:05.530)</i>								
3.	7701	Raisa Hasanally	00:48:30.84		Runner	Winnipeg, MB	4:51/K	12.4kph	67	25	
		<i>Finishers ></i>	<i>0:24:11.470</i>								
		<i>Split 2 ></i>	<i>0:24:19.370</i>								
			<i>(0:24:11.470)</i>								
			<i>(0:48:30.840)</i>								

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4.	7724	Jessica Kerzner	00:48:34.09	Runner	Winnipeg, MB	4:51/K	12.4kph	68	28
		<i>Finishers ></i>	<i>0:24:58.070 (0:24:58.070)</i>						
		<i>Split 2 ></i>	<i>0:23:36.020 (0:48:34.090)</i>						
5.	8022	Safya Saleem	00:49:40.72	Runner	Winnipeg, MB	4:58/K	12.1kph	72	26
		<i>Finishers ></i>	<i>0:24:35.896 (0:24:35.896)</i>						
		<i>Split 2 ></i>	<i>0:25:04.824 (0:49:40.720)</i>						
6.	8025	Ciara Sebelius	00:49:44.73	Runner	Winnipeg, MB	4:58/K	12.1kph	73	25
		<i>Finishers ></i>	<i>0:25:03.996 (0:25:03.996)</i>						
		<i>Split 2 ></i>	<i>0:24:40.737 (0:49:44.733)</i>						
7.	8063	Nicole Wiens	00:51:41.54	Runner	Winnipeg, MB	5:10/K	11.6kph	88	26
		<i>Finishers ></i>	<i>0:24:54.806 (0:24:54.806)</i>						
		<i>Split 2 ></i>	<i>0:26:46.734 (0:51:41.540)</i>						
8.	7727	Chantal Klassen	00:52:36.87	Runner	Winnipeg, MB	5:16/K	11.4kph	94	28
		<i>Finishers ></i>	<i>0:26:11.666 (0:26:11.666)</i>						
		<i>Split 2 ></i>	<i>0:26:25.207 (0:52:36.873)</i>						
9.	8036	Dominique St-Hilaire	00:52:42.22	Runner	Winnipeg, MB	5:16/K	11.4kph	96	27
		<i>Finishers ></i>	<i>0:25:41.720 (0:25:41.720)</i>						
		<i>Split 2 ></i>	<i>0:27:00.506 (0:52:42.226)</i>						
10.	7774	KAYLEY MERCER	00:54:08.74	Runner	WINNIPEG, MB	5:25/K	11.1kph	110	26
		<i>Finishers ></i>	<i>0:26:48.330 (0:26:48.330)</i>						
		<i>Split 2 ></i>	<i>0:27:20.416 (0:54:08.746)</i>						
11.	7789	Danielle Okrusko	00:55:36.08	Runner	Winnipeg, MB	5:34/K	10.8kph	125	28
		<i>Finishers ></i>	<i>0:27:43.510 (0:27:43.510)</i>						
		<i>Split 2 ></i>	<i>0:27:52.573 (0:55:36.083)</i>						
12.	7757	Sarah Lund	00:57:00.84	Runner	Winnipeg, MB	5:42/K	10.5kph	138	28
		<i>Finishers ></i>	<i>0:29:09.023 (0:29:09.023)</i>						
		<i>Split 2 ></i>	<i>0:27:51.823 (0:57:00.846)</i>						
13.	6699	Lindsay Harrington	00:57:02.59	Runner	Lockport, MB	5:42/K	10.5kph	139	27
		<i>Finishers ></i>	<i>0:27:28.933 (0:27:28.933)</i>						
		<i>Split 2 ></i>	<i>0:29:33.663 (0:57:02.596)</i>						
14.	6621	Hayleigh Bell	00:59:58.14	Runner	Winnipeg, MB	6:00/K	10.0kph	157	25
		<i>Finishers ></i>	<i>0:30:03.896 (0:30:03.896)</i>						
		<i>Split 2 ></i>	<i>0:29:54.244 (0:59:58.140)</i>						
15.	6641	Lorena Ciobanu	01:01:28.19	Runner	Winnipeg, MB	6:09/K	9.8kph	168	28
		<i>Finishers ></i>	<i>0:30:33.040 (0:30:33.040)</i>						
		<i>Split 2 ></i>	<i>0:30:55.153 (1:01:28.193)</i>						
16.	6694	Tove Hall	01:01:45.36	Runner	Winnipeg, MB	6:10/K	9.7kph	172	29
		<i>Finishers ></i>	<i>0:30:45.150 (0:30:45.150)</i>						
		<i>Split 2 ></i>	<i>0:31:00.216 (1:01:45.366)</i>						
17.	6603	allyson alcudia	01:01:45.55	Runner	Winnipeg, MB	6:10/K	9.7kph	173	29
		<i>Finishers ></i>	<i>0:30:44.826 (0:30:44.826)</i>						
		<i>Split 2 ></i>	<i>0:31:00.727 (1:01:45.553)</i>						
18.	7752	Renee Lint	01:01:58.59	Runner	Winnipeg, MB	6:12/K	9.7kph	174	25
		<i>Finishers ></i>	<i>0:30:21.036 (0:30:21.036)</i>						
		<i>Split 2 ></i>	<i>0:31:37.554 (1:01:58.590)</i>						
19.	6661	Samantha Duguid	01:02:16.47	Runner	Winnipeg, MB	6:14/K	9.6kph	178	28
		<i>Finishers ></i>	<i>0:33:01.176 (0:33:01.176)</i>						
		<i>Split 2 ></i>	<i>0:29:15.297 (1:02:16.473)</i>						
20.	6631	Jo Lowen Brotonel	01:04:40.18	Runner	Winnipeg, MB	6:28/K	9.3kph	189	29
		<i>Finishers ></i>	<i>0:31:46.990 (0:31:46.990)</i>						
		<i>Split 2 ></i>	<i>0:32:53.193 (1:04:40.183)</i>						
21.	7800	Kelsey Petersen	01:07:12.25	Runner	Winnipeg, MB	6:43/K	8.9kph	193	27
		<i>Finishers ></i>	<i>0:32:55.900 (0:32:55.900)</i>						
		<i>Split 2 ></i>	<i>0:34:16.350 (1:07:12.250)</i>						
22.	7792	Nuala O'Reilly	01:08:32.42	Runner	Winnipeg, MB	6:51/K	8.8kph	196	28
		<i>Finishers ></i>	<i>0:34:18.393 (0:34:18.393)</i>						
		<i>Split 2 ></i>	<i>0:34:14.030 (1:08:32.423)</i>						

Female 30-34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7741	Christina Lamorte	00:47:06.85		Runner	Winnipeg, MB	4:43/K	12.7kph	49	30	
		<i>Finishers ></i>	<i>0:22:57.500 (0:22:57.500)</i>								
		<i>Split 2 ></i>	<i>0:24:09.353 (0:47:06.853)</i>								

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2.	7783	Lindsay Mulholland	00:50:03.65	Runner	Winnipeg, MB	5:00/K	12.0kph	74	30
		<i>Finishers ></i>	<i>0:25:08.600 (0:25:08.600)</i>						
		<i>Split 2 ></i>	<i>0:24:55.050 (0:50:03.650)</i>						
3.	6607	Meg Bargaen	00:50:24.11	Runner	Winnipeg, MB	5:02/K	11.9kph	76	32
		<i>Finishers ></i>	<i>0:24:52.100 (0:24:52.100)</i>						
		<i>Split 2 ></i>	<i>0:25:32.016 (0:50:24.116)</i>						
4.	8037	Elizabeth Stoesz	00:52:42.76	Runner	Winnipeg, MB	5:16/K	11.4kph	97	30
		<i>Finishers ></i>	<i>0:25:41.816 (0:25:41.816)</i>						
		<i>Split 2 ></i>	<i>0:27:00.944 (0:52:42.760)</i>						
5.	6657	Renee Desjardins	00:53:04.89	Runner	Winnipeg, MB	5:18/K	11.3kph	100	33
		<i>Finishers ></i>	<i>0:25:52.783 (0:25:52.783)</i>						
		<i>Split 2 ></i>	<i>0:27:12.113 (0:53:04.896)</i>						
6.	6633	Lindsay Burns	00:53:38.50	Runner	Winnipeg Beach, MB	5:22/K	11.2kph	106	32
		<i>Finishers ></i>	<i>0:26:29.980 (0:26:29.980)</i>						
		<i>Split 2 ></i>	<i>0:27:08.526 (0:53:38.506)</i>						
7.	6619	Terese Beaudry	00:54:36.40	Runner	Winnipeg, MB	5:28/K	11.0kph	113	32
		<i>Finishers ></i>	<i>0:27:00.213 (0:27:00.213)</i>						
		<i>Split 2 ></i>	<i>0:27:36.193 (0:54:36.406)</i>						
8.	6649	Melissa Danish	00:55:11.44	Runner	Winnipeg, MB	5:31/K	10.9kph	119	34
		<i>Finishers ></i>	<i>0:28:18.150 (0:28:18.150)</i>						
		<i>Split 2 ></i>	<i>0:26:53.290 (0:55:11.440)</i>						
9.	7794	Danielle Pahud	00:55:39.46	Runner	Winnipeg, MB	5:34/K	10.8kph	126	31
		<i>Finishers ></i>	<i>0:27:09.816 (0:27:09.816)</i>						
		<i>Split 2 ></i>	<i>0:28:29.650 (0:55:39.466)</i>						
10.	6645	Amanda Costain	00:56:07.60	Runner	Winnipeg, MB	5:37/K	10.7kph	130	32
		<i>Finishers ></i>	<i>0:27:28.370 (0:27:28.370)</i>						
		<i>Split 2 ></i>	<i>0:28:39.230 (0:56:07.600)</i>						
11.	8032	Stacey Smorhay	00:58:54.33	Runner	Winnipeg, MB	5:53/K	10.2kph	147	33
		<i>Finishers ></i>	<i>0:27:45.460 (0:27:45.460)</i>						
		<i>Split 2 ></i>	<i>0:31:08.873 (0:58:54.333)</i>						
12.	8043	Sonja Tunovic	00:59:04.31	Runner	Winnipeg, MB	5:54/K	10.2kph	150	30
		<i>Finishers ></i>	<i>0:29:07.603 (0:29:07.603)</i>						
		<i>Split 2 ></i>	<i>0:29:56.707 (0:59:04.310)</i>						
13.	6658	Meagan Dlot	00:59:11.41	Runner	Winnipeg, MB	5:55/K	10.1kph	152	33
		<i>Finishers ></i>	<i>0:29:20.180 (0:29:20.180)</i>						
		<i>Split 2 ></i>	<i>0:29:51.233 (0:59:11.413)</i>						
14.	8003	Tanya Katherine Podilchak	00:59:34.75	Runner	Winnipeg, MB	5:57/K	10.1kph	154	30
		<i>Finishers ></i>	<i>0:28:55.743 (0:28:55.743)</i>						
		<i>Split 2 ></i>	<i>0:30:39.007 (0:59:34.750)</i>						
15.	8048	Krystee Van Den Bosch	01:00:03.60	Runner	Winnipeg, MB	6:00/K	10.0kph	158	32
		<i>Finishers ></i>	<i>0:29:33.340 (0:29:33.340)</i>						
		<i>Split 2 ></i>	<i>0:30:30.266 (1:00:03.606)</i>						
16.	8042	Chrissy Tournier Croft	01:00:52.38	Runner	Morden, MB	6:05/K	9.9kph	162	32
		<i>Finishers ></i>	<i>0:30:31.960 (0:30:31.960)</i>						
		<i>Split 2 ></i>	<i>0:30:20.426 (1:00:52.386)</i>						
17.	7713	Lorissa Janzen	01:05:07.58	Runner	Niverville, MB	6:31/K	9.2kph	191	32
		<i>Finishers ></i>	<i>0:32:13.170 (0:32:13.170)</i>						
		<i>Split 2 ></i>	<i>0:32:54.413 (1:05:07.583)</i>						
18.	8072	Amber Wsiaki	01:07:53.09	Runner	Winnipeg, MB	6:47/K	8.8kph	194	31
		<i>Finishers ></i>	<i>0:34:22.520 (0:34:22.520)</i>						
		<i>Split 2 ></i>	<i>0:33:30.573 (1:07:53.093)</i>						
19.	7791	Deirdre O'Reilly	01:07:56.30	Runner	Winnipeg, MB	6:48/K	8.8kph	195	33
		<i>Finishers ></i>	<i>0:34:18.873 (0:34:18.873)</i>						
		<i>Split 2 ></i>	<i>0:33:37.433 (1:07:56.306)</i>						
20.	7755	Kristin Locke	01:09:58.34	Runner	Winnipeg, MB	7:00/K	8.6kph	198	30
		<i>Finishers ></i>	<i>0:34:29.906 (0:34:29.906)</i>						
		<i>Split 2 ></i>	<i>0:35:28.434 (1:09:58.340)</i>						

Female 35-39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6646	Rebecca Cunnane	00:39:23.74		Runner	Winnipeg, MB	3:56/K	15.2kph	9	37	
		<i>Finishers ></i>	<i>0:19:33.713 (0:19:33.713)</i>								
		<i>Split 2 ></i>	<i>0:19:50.033 (0:39:23.746)</i>								

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2.	6635	Amy Campbell	00:42:56.38	Runner	Winnipeg, MB	4:18/K	14.0kph	23	37
		<i>Finishers ></i>	<i>0:21:40.076</i>						
		<i>Split 2 ></i>	<i>0:21:16.307</i>						
3.	8006	Becky Raddatz	00:46:41.66	Runner	Winnipeg, MB	4:40/K	12.9kph	43	36
		<i>Finishers ></i>	<i>0:23:07.400</i>						
		<i>Split 2 ></i>	<i>0:23:34.266</i>						
4.	6666	Luc Fortier	00:48:12.21	Runner	LaSalle, MB	4:49/K	12.4kph	62	36
		<i>Finishers ></i>	<i>0:24:33.963</i>						
		<i>Split 2 ></i>	<i>0:23:38.250</i>						
5.	8050	Aimee Vandale	00:50:54.92	Runner	Winnipeg, MB	5:05/K	11.8kph	81	38
		<i>Finishers ></i>	<i>0:24:59.166</i>						
		<i>Split 2 ></i>	<i>0:25:55.757</i>						
6.	7715	Sarah Johnson	00:51:31.90	Runner	Winnipeg, MB	5:09/K	11.6kph	85	38
		<i>Finishers ></i>	<i>0:26:52.556</i>						
		<i>Split 2 ></i>	<i>0:24:39.344</i>						
7.	8014	Carmen Rivas	00:51:43.65	Runner	Winnipeg, MB	5:10/K	11.6kph	89	38
		<i>Finishers ></i>	<i>0:24:49.740</i>						
		<i>Split 2 ></i>	<i>0:26:53.916</i>						
8.	8055	Catherine Wach	00:52:54.77	Runner	Winnipeg, MB	5:17/K	11.3kph	98	36
		<i>Finishers ></i>	<i>0:26:16.486</i>						
		<i>Split 2 ></i>	<i>0:26:38.290</i>						
9.	6612	Tiana Baskin	00:53:07.64	Runner	Oakbank, MB	5:19/K	11.3kph	103	36
		<i>Finishers ></i>	<i>0:27:08.900</i>						
		<i>Split 2 ></i>	<i>0:25:58.740</i>						
10.	6677	Anna Golebiewska	00:55:12.39	Runner	Winnipeg, MB	5:31/K	10.9kph	120	37
		<i>Finishers ></i>	<i>0:27:13.720</i>						
		<i>Split 2 ></i>	<i>0:27:58.670</i>						
11.	7793	tricia orsulak	00:56:20.88	Runner	winnipeg, MB	5:38/K	10.7kph	134	39
		<i>Finishers ></i>	<i>0:28:37.743</i>						
		<i>Split 2 ></i>	<i>0:27:43.143</i>						
12.	6669	Linda Funk	00:57:54.14	Runner	Winnipeg, MB	5:47/K	10.4kph	144	39
		<i>Finishers ></i>	<i>0:28:43.763</i>						
		<i>Split 2 ></i>	<i>0:29:10.377</i>						
13.	7773	Girlie Medina	00:59:02.92	Runner	Winnipeg, MB	5:54/K	10.2kph	149	37
		<i>Finishers ></i>	<i>0:29:24.223</i>						
		<i>Split 2 ></i>	<i>0:29:38.697</i>						
14.	8012	Erica Reimer	00:59:07.61	Runner	Winnipeg, MB	5:55/K	10.1kph	151	35
		<i>Finishers ></i>	<i>0:29:27.570</i>						
		<i>Split 2 ></i>	<i>0:29:40.046</i>						
15.	6629	Kristyne Brandt	01:00:13.98	Runner	Oakbank, MB	6:01/K	10.0kph	159	36
		<i>Finishers ></i>	<i>0:28:41.580</i>						
		<i>Split 2 ></i>	<i>0:31:32.403</i>						
16.	7798	Carmyn Peppler	01:02:33.56	Runner	Winnipeg, MB	6:15/K	9.6kph	183	35
		<i>Finishers ></i>	<i>0:31:00.230</i>						
		<i>Split 2 ></i>	<i>0:31:33.330</i>						

Female 40-44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	8065	Dana Willms	00:52:18.82		Runner	Winnipeg, MB	5:14/K	11.5kph	93	44	
		<i>Finishers ></i>	<i>0:25:47.110</i>								
		<i>Split 2 ></i>	<i>0:26:31.716</i>								
2.	6611	Tanya Bashura	00:54:48.43		Runner	Winnipeg, MB	5:29/K	10.9kph	116	44	
		<i>Finishers ></i>	<i>0:27:23.586</i>								
		<i>Split 2 ></i>	<i>0:27:24.850</i>								
3.	7780	Lisa Misyk	00:54:56.14		Runner	Winnipeg, MB	5:30/K	10.9kph	117	42	
		<i>Finishers ></i>	<i>0:26:36.803</i>								
		<i>Split 2 ></i>	<i>0:28:19.337</i>								
4.	8030	Dama Slutchuk	00:56:50.23		Runner	Winnipeg, MB	5:41/K	10.6kph	136	40	
		<i>Finishers ></i>	<i>0:28:07.203</i>								
		<i>Split 2 ></i>	<i>0:28:43.027</i>								
5.	7707	Vivienne Horne	00:57:25.75		Runner	Winnipeg, MB	5:45/K	10.4kph	141	43	
		<i>Finishers ></i>	<i>0:28:31.143</i>								
		<i>Split 2 ></i>	<i>0:28:54.607</i>								

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6.	6692	Angela+G1A2:G216 Gyoerick	01:00:59.75	Runner	Winnipeg, MB	6:06/K	9.8kph	165	41
		<i>Finishers ></i> 0:30:29.943	(0:30:29.943)						
		<i>Split 2 ></i> 0:30:29.807	(1:00:59.750)						
7.	7772	Marla McKittrick	01:02:18.13	Runner	Winnipeg, MB	6:14/K	9.6kph	179	40
		<i>Finishers ></i> 0:30:14.916	(0:30:14.916)						
		<i>Split 2 ></i> 0:32:03.214	(1:02:18.130)						
8.	7768	Rhonda Mccallum	01:02:23.50	Runner	Winnipeg, MB	6:14/K	9.6kph	181	42
		<i>Finishers ></i> 0:31:04.026	(0:31:04.026)						
		<i>Split 2 ></i> 0:31:19.477	(1:02:23.503)						
9.	6688	Pamela Gula	01:02:26.38	Runner	Winnipeg, MB	6:15/K	9.6kph	182	43
		<i>Finishers ></i> 0:30:16.170	(0:30:16.170)						
		<i>Split 2 ></i> 0:32:10.216	(1:02:26.386)						
10.	6660	Jennifer Duff	01:05:06.88	Runner	Niverville, MB	6:31/K	9.2kph	190	42
		<i>Finishers ></i> 0:32:12.840	(0:32:12.840)						
		<i>Split 2 ></i> 0:32:54.040	(1:05:06.880)						
11.	7786	Michelle Newcombe	01:10:54.39	Runner	Winnipeg, MB	7:05/K	8.5kph	199	40
		<i>Finishers ></i> 0:35:21.440	(0:35:21.440)						
		<i>Split 2 ></i> 0:35:32.950	(1:10:54.390)						

Female 45-49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	8073	Paige Zentner	00:55:19.51		Runner	Winnipeg, MB	5:32/K	10.8kph	122	46	
		<i>Finishers ></i> 0:27:48.146	(0:27:48.146)								
		<i>Split 2 ></i> 0:27:31.367	(0:55:19.513)								
2.	8070	Kim Wong	00:59:02.70		Runner	Winnipeg, MB	5:54/K	10.2kph	148	49	
		<i>Finishers ></i> 0:28:34.723	(0:28:34.723)								
		<i>Split 2 ></i> 0:30:27.980	(0:59:02.703)								
3.	8067	Kim Wilton	00:59:50.01		Runner	Portage la Prairie, MB	5:59/K	10.0kph	156	45	
		<i>Finishers ></i> 0:29:02.060	(0:29:02.060)								
		<i>Split 2 ></i> 0:30:47.950	(0:59:50.010)								
4.	7726	Laurie Kirkwood	01:01:17.34		Runner	Winnipeg, MB	6:08/K	9.8kph	167	48	
		<i>Finishers ></i> 0:30:13.260	(0:30:13.260)								
		<i>Split 2 ></i> 0:31:04.083	(1:01:17.343)								
5.	8040	Ngoc Tat	01:01:33.50		Runner	Winnipeg, MB	6:09/K	9.7kph	170	47	
		<i>Finishers ></i> 0:30:10.946	(0:30:10.946)								
		<i>Split 2 ></i> 0:31:22.560	(1:01:33.506)								
6.	7732	Sandy Kostyniuk	01:04:37.34		Runner	Winnipeg, MB	6:28/K	9.3kph	188	48	
		<i>Finishers ></i> 0:30:45.933	(0:30:45.933)								
		<i>Split 2 ></i> 0:33:51.407	(1:04:37.340)								
7.	7779	Tamara Millman	01:13:17.03		Runner	Winnipeg, MB	7:20/K	8.2kph	201	45	
		<i>Finishers ></i> 0:38:37.063	(0:38:37.063)								
		<i>Split 2 ></i> 0:34:39.967	(1:13:17.030)								

Female 50-54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7775	Jeannine Meyer	00:53:17.15		Runner	Winnipeg, MB	5:20/K	11.3kph	104	53	
		<i>Finishers ></i> 0:26:41.570	(0:26:41.570)								
		<i>Split 2 ></i> 0:26:35.583	(0:53:17.153)								
2.	7709	Kimberly Jabusch	01:03:36.89		Runner	Winnipeg (Assiniboine South / Betsworth), MB	6:22/K	9.4kph	185	51	
		<i>Finishers ></i> 0:31:04.573	(0:31:04.573)								
		<i>Split 2 ></i> 0:32:32.317	(1:03:36.890)								
3.	7751	Patricia Leung	01:04:34.37		Runner	Winnipeg, MB	6:27/K	9.3kph	187	52	
		<i>Finishers ></i> 0:31:18.626	(0:31:18.626)								
		<i>Split 2 ></i> 0:33:15.750	(1:04:34.376)								

Female 55-59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7777	Anita Miller	00:55:31.95		Runner	Winnipeg, MB	5:33/K	10.8kph	124	57	
		<i>Finishers ></i> 0:27:52.456	(0:27:52.456)								
		<i>Split 2 ></i> 0:27:39.497	(0:55:31.953)								

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2.	7740	Sandi Lamont	00:56:10.31	Runner	Winnipeg, MB	5:37/K	10.7kph	131	59
		<i>Finishers ></i>	<i>0:28:41.370</i>	<i>(0:28:41.370)</i>					
		<i>Split 2 ></i>	<i>0:27:28.940</i>	<i>(0:56:10.310)</i>					

Female 60-64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7766	Kathleen McCallum	01:00:54.74		Runner	Lockport, MB	6:05/K	9.9kph	164	61	
		<i>Finishers ></i>	<i>0:30:27.366</i>	<i>(0:30:27.366)</i>							
		<i>Split 2 ></i>	<i>0:30:27.377</i>	<i>(1:00:54.743)</i>							
2.	8020	Linda Rubell	01:03:32.25		Runner	Winnipeg, MB	6:21/K	9.4kph	184	63	
		<i>Finishers ></i>	<i>0:30:32.570</i>	<i>(0:30:32.570)</i>							
		<i>Split 2 ></i>	<i>0:32:59.680</i>	<i>(1:03:32.250)</i>							

Female 65-59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6697	Dawn Hanson	01:12:51.24		Runner	Winnipeg, MB	7:17/K	8.2kph	200	69	
		<i>Finishers ></i>	<i>0:36:29.403</i>	<i>(0:36:29.403)</i>							
		<i>Split 2 ></i>	<i>0:36:21.837</i>	<i>(1:12:51.240)</i>							

Male 15-19

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	8019	Logan Roy	00:41:06.90		Runner	Anola, MB	4:07/K	14.6kph	14	19	
		<i>Finishers ></i>	<i>0:20:02.060</i>	<i>(0:20:02.060)</i>							
		<i>Split 2 ></i>	<i>0:21:04.840</i>	<i>(0:41:06.900)</i>							
2.	6696	YESUNG HAN	00:48:07.79		Runner	Winnipeg, MB	4:49/K	12.5kph	60	16	
		<i>Finishers ></i>	<i>0:24:36.240</i>	<i>(0:24:36.240)</i>							
		<i>Split 2 ></i>	<i>0:23:31.550</i>	<i>(0:48:07.790)</i>							

Male 20-24

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6671	Simon Garfinkel	00:41:07.00		Runner	Winnipeg, MB	4:07/K	14.6kph	15	21	
		<i>Finishers ></i>	<i>0:20:29.853</i>	<i>(0:20:29.853)</i>							
		<i>Split 2 ></i>	<i>0:20:37.153</i>	<i>(0:41:07.006)</i>							
2.	8061	Tye Whalen	00:48:15.20		Runner	Winnipeg, MB	4:50/K	12.4kph	63	21	
		<i>Finishers ></i>	<i>0:23:47.370</i>	<i>(0:23:47.370)</i>							
		<i>Split 2 ></i>	<i>0:24:27.833</i>	<i>(0:48:15.203)</i>							

Male 25-29

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6682	Steven Graupner	00:34:21.46		Runner	St Malo, MB	3:26/K	17.5kph	1	28	
		<i>Finishers ></i>	<i>0:17:10.380</i>	<i>(0:17:10.380)</i>							
		<i>Split 2 ></i>	<i>0:17:11.083</i>	<i>(0:34:21.463)</i>							
2.	8009	Steffan Reimer	00:34:26.83		Runner	Blumenort, MB	3:27/K	17.4kph	2	28	
		<i>Finishers ></i>	<i>0:17:10.443</i>	<i>(0:17:10.443)</i>							
		<i>Split 2 ></i>	<i>0:17:16.393</i>	<i>(0:34:26.836)</i>							
3.	8049	Jeff van Rosmalen	00:38:38.18		Runner	Winnipeg, MB	3:52/K	15.5kph	7	28	
		<i>Finishers ></i>	<i>0:20:03.890</i>	<i>(0:20:03.890)</i>							
		<i>Split 2 ></i>	<i>0:18:34.293</i>	<i>(0:38:38.183)</i>							
4.	6610	Carl Bartel	00:40:45.06		Runner	Winnipeg, MB	4:04/K	14.7kph	12	29	
		<i>Finishers ></i>	<i>0:19:52.243</i>	<i>(0:19:52.243)</i>							
		<i>Split 2 ></i>	<i>0:20:52.820</i>	<i>(0:40:45.063)</i>							
5.	7788	Matt Odger	00:41:26.51		Runner	Winnipeg, MB	4:09/K	14.5kph	16	25	
		<i>Finishers ></i>	<i>0:20:31.816</i>	<i>(0:20:31.816)</i>							
		<i>Split 2 ></i>	<i>0:20:54.694</i>	<i>(0:41:26.510)</i>							
6.	8056	Kyle Walls	00:44:33.81		Runner	St. Francois Xavier, MB	4:27/K	13.5kph	29	27	
		<i>Finishers ></i>	<i>0:21:25.806</i>	<i>(0:21:25.806)</i>							
		<i>Split 2 ></i>	<i>0:23:08.004</i>	<i>(0:44:33.810)</i>							
7.	8060	Paul Werden	00:44:54.48		Runner	Winnipeg, MB	4:29/K	13.4kph	31	28	
		<i>Finishers ></i>	<i>0:22:55.466</i>	<i>(0:22:55.466)</i>							
		<i>Split 2 ></i>	<i>0:21:59.014</i>	<i>(0:44:54.480)</i>							

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8.	7770	Jesse McCullough	00:45:52.10	Runner	Winnipeg, MB	4:35/K	13.1kph	36	28
		<i>Finishers ></i>	<i>0:23:11.020 (0:23:11.020)</i>						
		<i>Split 2 ></i>	<i>0:22:41.080 (0:45:52.100)</i>						
9.	6667	Don Fowler	00:46:48.38	Runner	Winnipeg, MB	4:41/K	12.8kph	45	27
		<i>Finishers ></i>	<i>0:22:44.730 (0:22:44.730)</i>						
		<i>Split 2 ></i>	<i>0:24:03.653 (0:46:48.383)</i>						
10.	7725	Chad Kipling	00:46:58.93	Runner	Winnipeg, MB	4:42/K	12.8kph	47	29
		<i>Finishers ></i>	<i>0:24:08.396 (0:24:08.396)</i>						
		<i>Split 2 ></i>	<i>0:22:50.534 (0:46:58.930)</i>						
11.	6655	Scott Dennis	00:47:12.31	Runner	Winnipeg, MB	4:43/K	12.7kph	51	29
		<i>Finishers ></i>	<i>0:23:35.193 (0:23:35.193)</i>						
		<i>Split 2 ></i>	<i>0:23:37.123 (0:47:12.316)</i>						
12.	8057	Colin Ward	00:47:28.81	Runner	Winnipeg, MB	4:45/K	12.6kph	53	27
		<i>Finishers ></i>	<i>0:22:51.983 (0:22:51.983)</i>						
		<i>Split 2 ></i>	<i>0:24:36.833 (0:47:28.816)</i>						
13.	8023	Jason Schram	00:47:33.07	Runner	Winnipeg, MB	4:45/K	12.6kph	55	27
		<i>Finishers ></i>	<i>0:25:19.110 (0:25:19.110)</i>						
		<i>Split 2 ></i>	<i>0:22:13.966 (0:47:33.076)</i>						
14.	6644	Tim Coombs	00:51:45.34	Runner	Winnipeg, MB	5:10/K	11.6kph	90	26
		<i>Finishers ></i>	<i>0:26:13.770 (0:26:13.770)</i>						
		<i>Split 2 ></i>	<i>0:25:31.570 (0:51:45.340)</i>						
15.	6683	Thomas Graupner	00:51:58.57	Runner	St. Malo, MB	5:12/K	11.5kph	91	29
		<i>Finishers ></i>	<i>0:25:27.873 (0:25:27.873)</i>						
		<i>Split 2 ></i>	<i>0:26:30.703 (0:51:58.576)</i>						
16.	8047	Daniel Van Benthem	01:00:24.28	Runner	Winnipeg, MB	6:02/K	9.9kph	160	25
		<i>Finishers ></i>	<i>0:28:17.710 (0:28:17.710)</i>						
		<i>Split 2 ></i>	<i>0:32:06.570 (1:00:24.280)</i>						
17.	7705	Martin Heusen	01:04:21.84	Runner	Winnipeg, MB	6:26/K	9.3kph	186	26
		<i>Finishers ></i>	<i>0:30:23.233 (0:30:23.233)</i>						
		<i>Split 2 ></i>	<i>0:33:58.607 (1:04:21.840)</i>						

Male 30-34

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7748	HYOJIN LEE	00:39:18.44		Runner	Winnipeg	3:56/K	15.3kph	8	32	
		<i>Finishers ></i>	<i>0:19:49.530 (0:19:49.530)</i>								
		<i>Split 2 ></i>	<i>0:19:28.910 (0:39:18.440)</i>								
2.	8041	Jordan Thompson	00:40:26.03		Runner	Winnipeg, MB	4:03/K	14.8kph	10	30	
		<i>Finishers ></i>	<i>0:20:20.830 (0:20:20.830)</i>								
		<i>Split 2 ></i>	<i>0:20:05.203 (0:40:26.033)</i>								
3.	7720	Devin Keay	00:40:26.69		Runner	Winnipeg, MB	4:03/K	14.8kph	11	32	
		<i>Finishers ></i>	<i>0:20:33.840 (0:20:33.840)</i>								
		<i>Split 2 ></i>	<i>0:19:52.850 (0:40:26.690)</i>								
4.	8005	Kalen Qually	00:41:50.42		Runner	Winnipeg, MB	4:11/K	14.3kph	18	30	
		<i>Finishers ></i>	<i>0:20:50.920 (0:20:50.920)</i>								
		<i>Split 2 ></i>	<i>0:20:59.500 (0:41:50.420)</i>								
5.	7790	Trevor Oleniuk	00:42:52.68		Runner	Winnipeg, MB	4:17/K	14.0kph	21	31	
		<i>Finishers ></i>	<i>0:20:50.163 (0:20:50.163)</i>								
		<i>Split 2 ></i>	<i>0:22:02.517 (0:42:52.680)</i>								
6.	7723	Sebastien Kerherve	00:43:34.98		Runner	Winnipeg, MB	4:21/K	13.8kph	25	30	
		<i>Finishers ></i>	<i>0:21:12.806 (0:21:12.806)</i>								
		<i>Split 2 ></i>	<i>0:22:22.174 (0:43:34.980)</i>								
7.	6601	Jairuz Angang-ang	00:45:55.21		Runner	Winnipeg, MB	4:36/K	13.1kph	38	34	
		<i>Finishers ></i>	<i>0:22:30.213 (0:22:30.213)</i>								
		<i>Split 2 ></i>	<i>0:23:25.000 (0:45:55.213)</i>								
8.	6648	Justin Danielson	00:49:05.22		Runner	Winnipeg, MB	4:54/K	12.2kph	69	34	
		<i>Finishers ></i>	<i>0:23:48.690 (0:23:48.690)</i>								
		<i>Split 2 ></i>	<i>0:25:16.536 (0:49:05.226)</i>								
9.	7733	Gert Kriel	00:50:54.80		Runner	Winnipeg, MB	5:05/K	11.8kph	80	34	
		<i>Finishers ></i>	<i>0:24:58.993 (0:24:58.993)</i>								
		<i>Split 2 ></i>	<i>0:25:55.807 (0:50:54.800)</i>								
10.	6652	Troy De Viet	00:51:32.41		Runner	WINNIPEG, MB	5:09/K	11.6kph	86	33	
		<i>Finishers ></i>	<i>0:25:18.170 (0:25:18.170)</i>								
		<i>Split 2 ></i>	<i>0:26:14.246 (0:51:32.416)</i>								

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11.	8045	Dustin Unrau	00:53:56.20	Runner	Winnipeg, MB	5:24/K	11.1kph	108	30
		<i>Finishers ></i>	<i>0:25:50.360 (0:25:50.360)</i>						
		<i>Split 2 ></i>	<i>0:28:05.846 (0:53:56.206)</i>						
12.	8054	Justin Vuignier	00:54:23.50	Runner	Winnipeg, MB	5:26/K	11.0kph	111	33
		<i>Finishers ></i>	<i>0:28:18.386 (0:28:18.386)</i>						
		<i>Split 2 ></i>	<i>0:26:05.114 (0:54:23.500)</i>						
13.	8071	Sean Workman	00:56:58.84	Runner	Winnipeg, MB	5:42/K	10.5kph	137	33
		<i>Finishers ></i>	<i>0:28:35.863 (0:28:35.863)</i>						
		<i>Split 2 ></i>	<i>0:28:22.983 (0:56:58.846)</i>						
14.	6689	Umesh Gungiah	00:59:49.77	Runner	Winnipeg, MB	5:59/K	10.0kph	155	32
		<i>Finishers ></i>	<i>0:30:09.033 (0:30:09.033)</i>						
		<i>Split 2 ></i>	<i>0:29:40.740 (0:59:49.773)</i>						

Male 35-39

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	8059	Scott Watson	00:38:04.92		Runner	Winnipeg	3:48/K	15.8kph	4	39	
		<i>Finishers ></i>	<i>0:18:38.410 (0:18:38.410)</i>								
		<i>Split 2 ></i>	<i>0:19:26.510 (0:38:04.920)</i>								
2.	6608	Tyler Bargaen	00:41:37.96		Runner	Winnipeg, MB	4:10/K	14.4kph	17	35	
		<i>Finishers ></i>	<i>0:20:16.943 (0:20:16.943)</i>								
		<i>Split 2 ></i>	<i>0:21:21.020 (0:41:37.963)</i>								
3.	6681	Scott Graham-Derham	00:42:54.41		Runner	Winnipeg, MB	4:17/K	14.0kph	22	38	
		<i>Finishers ></i>	<i>0:21:32.366 (0:21:32.366)</i>								
		<i>Split 2 ></i>	<i>0:21:22.047 (0:42:54.413)</i>								
4.	8018	Jeff Rothenburger	00:45:16.53		Runner	Winnipeg, MB	4:32/K	13.3kph	33	38	
		<i>Finishers ></i>	<i>0:22:20.110 (0:22:20.110)</i>								
		<i>Split 2 ></i>	<i>0:22:56.420 (0:45:16.530)</i>								
5.	8064	Sean Williams	00:45:18.74		Runner	Winnipeg, MB	4:32/K	13.2kph	34	38	
		<i>Finishers ></i>	<i>0:22:04.866 (0:22:04.866)</i>								
		<i>Split 2 ></i>	<i>0:23:13.877 (0:45:18.743)</i>								
6.	7764	Matthew Maslanka	00:45:54.43		Runner	Winnipeg, MB	4:35/K	13.1kph	37	36	
		<i>Finishers ></i>	<i>0:22:12.090 (0:22:12.090)</i>								
		<i>Split 2 ></i>	<i>0:23:42.343 (0:45:54.433)</i>								
7.	8011	Scott Reimer	00:48:23.54		Runner	Winnipeg, MB	4:50/K	12.4kph	65	38	
		<i>Finishers ></i>	<i>0:24:30.713 (0:24:30.713)</i>								
		<i>Split 2 ></i>	<i>0:23:52.833 (0:48:23.546)</i>								
8.	7704	Antonio t Hernandez Fuentes	00:49:22.66		Runner	Winnipeg, MB	4:56/K	12.2kph	70	36	
		<i>Finishers ></i>	<i>0:25:20.953 (0:25:20.953)</i>								
		<i>Split 2 ></i>	<i>0:24:01.707 (0:49:22.660)</i>								
9.	7749	David Leibl	00:51:18.09		Runner	Winnipeg, MB	5:08/K	11.7kph	83	37	
		<i>Finishers ></i>	<i>0:25:14.110 (0:25:14.110)</i>								
		<i>Split 2 ></i>	<i>0:26:03.980 (0:51:18.090)</i>								
10.	6659	Ryan Dueck	00:54:32.25		Runner	Winnipeg, MB	5:27/K	11.0kph	112	35	
		<i>Finishers ></i>	<i>0:26:33.986 (0:26:33.986)</i>								
		<i>Split 2 ></i>	<i>0:27:58.270 (0:54:32.256)</i>								
11.	6686	Adam Grycko	00:54:44.84		Runner	Winnipeg, MB	5:28/K	11.0kph	115	35	
		<i>Finishers ></i>	<i>0:26:46.686 (0:26:46.686)</i>								
		<i>Split 2 ></i>	<i>0:27:58.160 (0:54:44.846)</i>								
12.	7711	Dave Jackimec	00:55:59.35		Runner	Winnipeg, CAN	5:36/K	10.7kph	127	39	
		<i>Finishers ></i>	<i>0:28:22.426 (0:28:22.426)</i>								
		<i>Split 2 ></i>	<i>0:27:36.924 (0:55:59.350)</i>								
13.	6605	Roger Au	00:57:07.63		Runner	Winnipeg, MB	5:43/K	10.5kph	140	36	
		<i>Finishers ></i>	<i>0:28:17.320 (0:28:17.320)</i>								
		<i>Split 2 ></i>	<i>0:28:50.310 (0:57:07.630)</i>								
14.	6684	James Griffith	00:57:56.62		Runner	Winnipeg, MB	5:48/K	10.4kph	145	36	
		<i>Finishers ></i>	<i>0:28:33.586 (0:28:33.586)</i>								
		<i>Split 2 ></i>	<i>0:29:23.034 (0:57:56.620)</i>								
15.	8058	Ryan Ward	00:59:11.41		Runner	West St Paul, MB	5:55/K	10.1kph	153	39	
		<i>Finishers ></i>	<i>0:29:19.780 (0:29:19.780)</i>								
		<i>Split 2 ></i>	<i>0:29:51.633 (0:59:11.413)</i>								
16.	7761	Christopher Malapit	01:00:52.59		Runner	Winnipeg, MB	6:05/K	9.9kph	163	36	
		<i>Finishers ></i>	<i>0:28:37.140 (0:28:37.140)</i>								
		<i>Split 2 ></i>	<i>0:32:15.450 (1:00:52.590)</i>								

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17.	6614	Ken Bauer	01:05:43.79	Runner	Norway House, MB	6:34/K	9.1kph	192	35
		<i>Finishers ></i>	<i>0:32:38.593</i>						
		<i>Split 2 ></i>	<i>0:33:05.203</i>						
18.	6650	Ian Medardo Dayag	01:21:42.96	Runner	Winnipeg, MB	8:10/K	7.3kph	203	36
		<i>Finishers ></i>	<i>0:41:42.483</i>						
		<i>Split 2 ></i>	<i>0:40:00.477</i>						

Male 40-44

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6663	Jamie Falk	00:34:31.73		Runner	Winnipeg, MB	3:27/K	17.4kph	3	42	
		<i>Finishers ></i>	<i>0:17:10.783</i>								
		<i>Split 2 ></i>	<i>0:17:20.947</i>								
2.	8062	Blaine Whitney	00:38:20.96		Runner	Winnipeg, MB	3:50/K	15.7kph	5	40	
		<i>Finishers ></i>	<i>0:18:54.143</i>								
		<i>Split 2 ></i>	<i>0:19:26.820</i>								
3.	8027	Paul Shymko	00:40:59.78		Runner	Wpg, MB	4:06/K	14.6kph	13	44	
		<i>Finishers ></i>	<i>0:20:04.510</i>								
		<i>Split 2 ></i>	<i>0:20:55.270</i>								
4.	7706	Arden Hill	00:43:42.44		Runner	Winnipeg, MB	4:22/K	13.7kph	26	42	
		<i>Finishers ></i>	<i>0:21:46.483</i>								
		<i>Split 2 ></i>	<i>0:21:55.957</i>								
5.	7721	Dan Kell	00:43:43.16		Runner	Narol, MB	4:22/K	13.7kph	27	41	
		<i>Finishers ></i>	<i>0:22:03.163</i>								
		<i>Split 2 ></i>	<i>0:21:40.000</i>								
6.	6685	John Grivell	00:44:22.03		Runner	Winnipeg, MB	4:26/K	13.5kph	28	42	
		<i>Finishers ></i>	<i>0:22:25.203</i>								
		<i>Split 2 ></i>	<i>0:21:56.827</i>								
7.	6647	Eric Dahle	00:46:22.79		Runner	Winnipeg, MB	4:38/K	12.9kph	39	40	
		<i>Finishers ></i>	<i>0:22:38.793</i>								
		<i>Split 2 ></i>	<i>0:23:43.997</i>								
8.	6654	Kris Delbaere	00:46:29.47		Runner	Winnipeg, MB	4:39/K	12.9kph	40	40	
		<i>Finishers ></i>	<i>0:23:07.703</i>								
		<i>Split 2 ></i>	<i>0:23:21.770</i>								
9.	8066	Andrew Willms	00:46:41.72		Runner	Winnipeg, MB	4:40/K	12.9kph	44	41	
		<i>Finishers ></i>	<i>0:22:56.156</i>								
		<i>Split 2 ></i>	<i>0:23:45.570</i>								
10.	8008	Andrew Reid	00:46:57.93		Runner	Winnipeg, MB	4:42/K	12.8kph	46	44	
		<i>Finishers ></i>	<i>0:23:09.536</i>								
		<i>Split 2 ></i>	<i>0:23:48.394</i>								
11.	6675	Allen Gilleshammer	00:47:32.24		Runner	Winnipeg, MB	4:45/K	12.6kph	54	43	
		<i>Finishers ></i>	<i>0:24:14.463</i>								
		<i>Split 2 ></i>	<i>0:23:17.777</i>								
12.	7742	Shea Land	00:47:48.49		Runner	Eriksdale, MB	4:47/K	12.6kph	58	41	
		<i>Finishers ></i>	<i>0:24:30.650</i>								
		<i>Split 2 ></i>	<i>0:23:17.840</i>								
13.	7799	Bryan Pepler	00:48:08.66		Runner	Winnipeg, MB	4:49/K	12.5kph	61	42	
		<i>Finishers ></i>	<i>0:23:50.360</i>								
		<i>Split 2 ></i>	<i>0:24:18.306</i>								
14.	6687	Paul Guise	00:48:30.06		Runner	Winnipeg, MB	4:51/K	12.4kph	66	44	
		<i>Finishers ></i>	<i>0:24:05.286</i>								
		<i>Split 2 ></i>	<i>0:24:24.774</i>								
15.	6695	Taeyeon Han	00:49:31.07		Runner	Winnipeg, MB	4:57/K	12.1kph	71	43	
		<i>Finishers ></i>	<i>0:24:31.313</i>								
		<i>Split 2 ></i>	<i>0:24:59.757</i>								
16.	6602	oluwatosin akinsola	00:50:05.05		Runner	Winkler, MB	5:00/K	12.0kph	75	42	
		<i>Finishers ></i>	<i>0:24:41.890</i>								
		<i>Split 2 ></i>	<i>0:25:23.163</i>								
17.	6617	Callum Beattie	00:50:29.37		Runner	Winnipeg, MB	5:03/K	11.9kph	77	44	
		<i>Finishers ></i>	<i>0:24:48.606</i>								
		<i>Split 2 ></i>	<i>0:25:40.770</i>								
18.	8028	Andrew Single	00:51:23.17		Runner	Winnipeg, MB	5:08/K	11.7kph	84	40	
		<i>Finishers ></i>	<i>0:27:34.560</i>								
		<i>Split 2 ></i>	<i>0:23:48.610</i>								

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19.	7795	Jon Paintin	00:52:12.81	Runner	Winnipeg, MB	5:13/K	11.5kph	92	43
		<i>Finishers ></i>	<i>0:25:50.033 (0:25:50.033)</i>						
		<i>Split 2 ></i>	<i>0:26:22.777 (0:52:12.810)</i>						
20.	8033	Matt Solvason	00:55:15.12	Runner	Winnipeg, MB	5:32/K	10.9kph	121	43
		<i>Finishers ></i>	<i>0:27:16.576 (0:27:16.576)</i>						
		<i>Split 2 ></i>	<i>0:27:58.544 (0:55:15.120)</i>						
21.	6672	Scott Gerbrandt	00:56:18.51	Runner	Winnipeg, MB	5:38/K	10.7kph	132	42
		<i>Finishers ></i>	<i>0:28:15.543 (0:28:15.543)</i>						
		<i>Split 2 ></i>	<i>0:28:02.967 (0:56:18.510)</i>						
22.	6668	Cameron Funk	00:56:20.70	Runner	Winnipeg, MB	5:38/K	10.7kph	133	42
		<i>Finishers ></i>	<i>0:28:15.403 (0:28:15.403)</i>						
		<i>Split 2 ></i>	<i>0:28:05.297 (0:56:20.700)</i>						
23.	7712	Gael Jacob	01:02:15.52	Runner	Winnipeg, MB	6:14/K	9.6kph	177	43
		<i>Finishers ></i>	<i>0:31:37.736 (0:31:37.736)</i>						
		<i>Split 2 ></i>	<i>0:30:37.784 (1:02:15.520)</i>						

Male 45-49

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	6630	chris breneman	00:38:30.24		Runner	Hamiota, MB	3:51/K	15.6kph	6	46	
		<i>Finishers ></i>	<i>0:19:20.266 (0:19:20.266)</i>								
		<i>Split 2 ></i>	<i>0:19:09.977 (0:38:30.243)</i>								
2.	7708	Wai Yung lu	00:45:32.64		Runner	Winnipeg, MB	4:33/K	13.2kph	35	48	
		<i>Finishers ></i>	<i>0:22:15.020 (0:22:15.020)</i>								
		<i>Split 2 ></i>	<i>0:23:17.620 (0:45:32.640)</i>								
3.	7744	Yan Lau	00:46:31.83		Runner	Winnipeg, MB	4:39/K	12.9kph	42	49	
		<i>Finishers ></i>	<i>0:23:03.656 (0:23:03.656)</i>								
		<i>Split 2 ></i>	<i>0:23:28.177 (0:46:31.833)</i>								
4.	7760	junel malapad	00:47:11.94		Runner	winnipeg, MB	4:43/K	12.7kph	50	46	
		<i>Finishers ></i>	<i>0:23:34.090 (0:23:34.090)</i>								
		<i>Split 2 ></i>	<i>0:23:37.856 (0:47:11.946)</i>								
5.	6613	Allan Baskin	00:53:03.85		Runner	Oakbank	5:18/K	11.3kph	99	46	
		<i>Finishers ></i>	<i>0:27:09.926 (0:27:09.926)</i>								
		<i>Split 2 ></i>	<i>0:25:53.927 (0:53:03.853)</i>								
6.	7750	Chris Lemke	00:53:05.48		Runner	Winnipeg, MB	5:18/K	11.3kph	101	45	
		<i>Finishers ></i>	<i>0:26:16.410 (0:26:16.410)</i>								
		<i>Split 2 ></i>	<i>0:26:49.070 (0:53:05.480)</i>								
7.	8053	Thanh Vu	01:01:32.61		Runner	Winnipeg, MB	6:09/K	9.8kph	169	49	
		<i>Finishers ></i>	<i>0:30:09.643 (0:30:09.643)</i>								
		<i>Split 2 ></i>	<i>0:31:22.970 (1:01:32.613)</i>								
8.	7737	Corey La Berge	01:24:42.52		Runner	Winnipeg, MB	8:28/K	7.1kph	204	47	
		<i>Finishers ></i>	<i>0:43:53.743 (0:43:53.743)</i>								
		<i>Split 2 ></i>	<i>0:40:48.777 (1:24:42.520)</i>								

Male 50-54

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	8074	Ken Zink	00:48:05.77		Runner	Winnipeg, MB	4:48/K	12.5kph	59	50	
		<i>Finishers ></i>	<i>0:23:49.513 (0:23:49.513)</i>								
		<i>Split 2 ></i>	<i>0:24:16.260 (0:48:05.773)</i>								
2.	7722	Vic Keller	00:48:17.53		Runner	Winnipeg, CAN	4:50/K	12.4kph	64	51	
		<i>Finishers ></i>	<i>0:24:37.486 (0:24:37.486)</i>								
		<i>Split 2 ></i>	<i>0:23:40.044 (0:48:17.530)</i>								
3.	6676	David Glover	00:51:36.18		Runner	Winnipeg, MB	5:10/K	11.6kph	87	53	
		<i>Finishers ></i>	<i>0:24:28.343 (0:24:28.343)</i>								
		<i>Split 2 ></i>	<i>0:27:07.837 (0:51:36.180)</i>								
4.	6664	Dana Feal	00:52:39.97		Runner	Winnipeg, MB	5:16/K	11.4kph	95	51	
		<i>Finishers ></i>	<i>0:26:42.223 (0:26:42.223)</i>								
		<i>Split 2 ></i>	<i>0:25:57.750 (0:52:39.973)</i>								
5.	8039	Michael Szwaluk	00:54:06.68		Runner	Winnipeg, MB	5:25/K	11.1kph	109	51	
		<i>Finishers ></i>	<i>0:25:44.610 (0:25:44.610)</i>								
		<i>Split 2 ></i>	<i>0:28:22.070 (0:54:06.680)</i>								
6.	8069	Bokyeon Won	00:55:03.62		Runner	Winnipeg, MB	5:30/K	10.9kph	118	51	
		<i>Finishers ></i>	<i>0:26:14.440 (0:26:14.440)</i>								
		<i>Split 2 ></i>	<i>0:28:49.180 (0:55:03.620)</i>								

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7.	7767	Brent McCallum	00:56:33.89		Runner	Winnipeg, MB	5:39/K	10.6kph	135	51
		<i>Finishers ></i>	<i>0:28:17.710</i>							
		<i>Split 2 ></i>	<i>0:28:16.180</i>							
			<i>(0:28:17.710)</i>							
			<i>(0:56:33.890)</i>							
8.	7796	Iain Palmer	00:57:38.66		Runner	Stonewall, NB	5:46/K	10.4kph	143	50
		<i>Finishers ></i>	<i>0:28:40.243</i>							
		<i>Split 2 ></i>	<i>0:28:58.417</i>							
			<i>(0:28:40.243)</i>							
			<i>(0:57:38.660)</i>							

Male 55-59

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7734	Martin Krowina	00:41:57.03		Runner	Winnipeg, MB	4:12/K	14.3kph	20	55	
		<i>Finishers ></i>	<i>0:20:39.816</i>								
		<i>Split 2 ></i>	<i>0:21:17.214</i>								
			<i>(0:20:39.816)</i>								
			<i>(0:41:57.030)</i>								
2.	7776	Maurice Mierau	00:47:04.95		Runner	Winnipeg, MB	4:42/K	12.7kph	48	55	
		<i>Finishers ></i>	<i>0:22:48.390</i>								
		<i>Split 2 ></i>	<i>0:24:16.566</i>								
			<i>(0:22:48.390)</i>								
			<i>(0:47:04.956)</i>								
3.	6690	Hernan Gutierrez	00:47:27.22		Runner	Winnipeg, MB	4:45/K	12.6kph	52	57	
		<i>Finishers ></i>	<i>0:24:01.266</i>								
		<i>Split 2 ></i>	<i>0:23:25.954</i>								
			<i>(0:24:01.266)</i>								
			<i>(0:47:27.220)</i>								
4.	7716	Raymond Jones	00:51:13.95		Runner	Winnipeg, CAN	5:07/K	11.7kph	82	59	
		<i>Finishers ></i>	<i>0:26:40.546</i>								
		<i>Split 2 ></i>	<i>0:24:33.404</i>								
			<i>(0:26:40.546)</i>								
			<i>(0:51:13.950)</i>								
5.	8029	James Slade	00:53:17.38		Runner	Winnipeg, MB	5:20/K	11.3kph	105	58	
		<i>Finishers ></i>	<i>0:26:40.853</i>								
		<i>Split 2 ></i>	<i>0:26:36.533</i>								
			<i>(0:26:40.853)</i>								
			<i>(0:53:17.386)</i>								
6.	6700	Chris Harrison	00:56:03.88		Runner	winnipeg, MB	5:36/K	10.7kph	129	56	
		<i>Finishers ></i>	<i>0:28:11.560</i>								
		<i>Split 2 ></i>	<i>0:27:52.320</i>								
			<i>(0:28:11.560)</i>								
			<i>(0:56:03.880)</i>								
7.	6693	Ken Haines	01:01:38.89		Runner	Ste Anne, MB	6:10/K	9.7kph	171	55	
		<i>Finishers ></i>	<i>0:31:26.316</i>								
		<i>Split 2 ></i>	<i>0:30:12.577</i>								
			<i>(0:31:26.316)</i>								
			<i>(1:01:38.893)</i>								
8.	7743	Mike Langedock	01:02:14.15		Runner	Winnipeg, MB	6:13/K	9.6kph	175	58	
		<i>Finishers ></i>	<i>0:31:25.796</i>								
		<i>Split 2 ></i>	<i>0:30:48.357</i>								
			<i>(0:31:25.796)</i>								
			<i>(1:02:14.153)</i>								

Male 60-64

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	7778	Kevin Miller	00:46:30.60		Runner	Winnipeg, MB	4:39/K	12.9kph	41	60	
		<i>Finishers ></i>	<i>0:23:08.770</i>								
		<i>Split 2 ></i>	<i>0:23:21.830</i>								
			<i>(0:23:08.770)</i>								
			<i>(0:46:30.600)</i>								
2.	6691	Michael Gwynne	00:50:45.65		Runner	Winnipeg, MB	5:04/K	11.8kph	79	64	
		<i>Finishers ></i>	<i>0:25:15.546</i>								
		<i>Split 2 ></i>	<i>0:25:30.110</i>								
			<i>(0:25:15.546)</i>								
			<i>(0:50:45.656)</i>								
3.	6622	Paul Bernardin	01:01:06.35		Runner	Winnipeg, MB	6:07/K	9.8kph	166	60	
		<i>Finishers ></i>	<i>0:31:12.510</i>								
		<i>Split 2 ></i>	<i>0:29:53.846</i>								
			<i>(0:31:12.510)</i>								
			<i>(1:01:06.356)</i>								

Male 65-69

Place	Bib#	Name	Time	Grade	Athlete Type	Hometown	Pace	Speed	Overall Place	Age	Athlete ID
1.	8052	Jeff Vince	00:53:07.46		Runner	east st paul, MB	5:19/K	11.3kph	102	69	
		<i>Finishers ></i>	<i>0:26:53.613</i>								
		<i>Split 2 ></i>	<i>0:26:13.853</i>								
			<i>(0:26:53.613)</i>								
			<i>(0:53:07.466)</i>								
2.	7771	Ian McKeown	00:53:44.57		Runner	Winnipeg, MB	5:22/K	11.2kph	107	66	
		<i>Finishers ></i>	<i>0:27:23.130</i>								
		<i>Split 2 ></i>	<i>0:26:21.440</i>								
			<i>(0:27:23.130)</i>								
			<i>(0:53:44.570)</i>								