

Run At The Ridge 5K  
 May 6, 2017  
 Whyte Ridge School

OVERALL RESULTS  
 Age Groups are based on year of birth

| PLACE | NAME                | GENDER | AGE GROUP  | PLACE IN  |        | TIME  |
|-------|---------------------|--------|------------|-----------|--------|-------|
|       |                     |        |            | AGE GROUP | GENDER |       |
| 1     | Tim Miller          | M      | M1977-1998 | 1/12      | 1/127  | 16:15 |
| 2     | Ethan Clark         | M      | M1999-2002 | 1/6       | 2/127  | 16:25 |
| 3     | Alex Clemis         | M      | M1999-2002 | 2/6       | 3/127  | 16:27 |
| 4     | John McGavock       | M      | M1976+     | 1/34      | 4/127  | 17:45 |
| 5     | Haydn Lysiuk        | M      | M2003-2004 | 1/14      | 5/127  | 17:51 |
| 6     | Carson Cortvriendt  | M      | M1999-2002 | 3/6       | 6/127  | 18:19 |
| 7     | Jackie Adamson      | F      | F1977-1998 | 1/23      | 1/85   | 18:35 |
| 8     | Leif Magnussen      | M      | M2003-2004 | 2/14      | 7/127  | 19:11 |
| 9     | Patrique Bulloch    | M      | M1977-1998 | 2/12      | 8/127  | 19:20 |
| 10    | Janine Zajac        | F      | F1977-1998 | 2/23      | 2/85   | 19:21 |
| 11    | Matthew Stasiuk     | M      | M1977-1998 | 3/12      | 9/127  | 19:30 |
| 12    | Alexander Macmillan | M      | M2003-2004 | 3/14      | 10/127 | 19:33 |
| 13    | Marina Gross        | F      | F2003-2004 | 1/6       | 3/85   | 19:50 |
| 14    | Ethan Cresswell     | M      | M2003-2004 | 4/14      | 11/127 | 20:06 |
| 15    | Civetta Alejandro   | M      | M2005      | 1/14      | 12/127 | 20:35 |
| 16    | Alex Lemky          | M      | M2006      | 1/16      | 13/127 | 20:39 |
| 17    | Chris Dick          | M      | M1976+     | 2/34      | 14/127 | 20:44 |
| 18    | Scott Friesen       | M      | M1999-2002 | 4/6       | 15/127 | 20:45 |
| 19    | Grant Towns         | M      | M1976+     | 3/34      | 16/127 | 20:46 |
| 20    | Raegan Ricard       | F      | F2003-2004 | 2/6       | 4/85   | 20:53 |
| 21    | Nadine Berzenji     | F      | F1977-1998 | 3/23      | 5/85   | 20:54 |
| 22    | Daniel Mitchell     | M      | M1977-1998 | 4/12      | 17/127 | 21:00 |
| 23    | Annika Niblock      | F      | F1999-2002 | 1/11      | 6/85   | 21:00 |
| 24    | Alex Tydings        | M      | M2005      | 2/14      | 18/127 | 21:09 |
| 25    | Danika Coulthard    | F      | F2003-2004 | 3/6       | 7/85   | 21:10 |
| 26    | Ken Friesen         | M      | M1976+     | 4/34      | 19/127 | 21:11 |
| 27    | Malin Torrance      | F      | F2003-2004 | 4/6       | 8/85   | 21:32 |
| 28    | Cole Koop           | M      | M2007      | 1/9       | 20/127 | 21:36 |
| 29    | Mackenzie Kreitz    | F      | F1999-2002 | 2/11      | 9/85   | 21:44 |
| 30    | Matthew Ward        | M      | M2005      | 3/14      | 21/127 | 21:53 |
| 31    | Ilona Zrinyi        | F      | F1999-2002 | 3/11      | 10/85  | 21:59 |
| 32    | Griffin Carnelley   | M      | M2006      | 2/16      | 22/127 | 22:04 |
| 33    | Ben Ruby            | M      | M2007      | 2/9       | 23/127 | 22:07 |
| 34    | Lara Hodges         | F      | F2005      | 1/8       | 11/85  | 22:08 |
| 35    | Sara Gross          | F      | F2006      | 1/6       | 12/85  | 22:11 |
| 36    | Ryan Stasiuk        | M      | M1977-1998 | 5/12      | 24/127 | 22:17 |
| 37    | Kalen Glew          | M      | M2007      | 3/9       | 25/127 | 22:25 |
| 38    | Kristopher Koschik  | M      | M1976+     | 5/34      | 26/127 | 22:26 |
| 39    | Shalom Bekele       | M      | M1999-2002 | 5/6       | 27/127 | 22:33 |
| 40    | Owen Hildebrand     | M      | M2003-2004 | 5/14      | 28/127 | 22:39 |
| 41    | Josh Clendenan      | M      | M2006      | 3/16      | 29/127 | 22:44 |
| 42    | Teagen Crockett     | M      | M2003-2004 | 6/14      | 30/127 | 22:44 |
| 43    | Porter Holland      | M      | M2005      | 4/14      | 31/127 | 22:53 |
| 44    | Tara Towns          | F      | F1999-2002 | 4/11      | 13/85  | 22:55 |
| 45    | Evan Penner         | M      | M2003-2004 | 7/14      | 32/127 | 23:12 |
| 46    | Jasbir Gill         | M      | M1977-1998 | 6/12      | 33/127 | 23:31 |
| 47    | Ella Friesen        | F      | F2005      | 2/8       | 14/85  | 23:40 |
| 48    | Andy Tough          | M      | M1976+     | 6/34      | 34/127 | 23:42 |
| 49    | Chris Torrance      | M      | M1976+     | 7/34      | 35/127 | 23:52 |
| 50    | Ryan Hosegood       | M      | M1977-1998 | 7/12      | 36/127 | 23:59 |
| 51    | Kyra Hodges         | F      | F2003-2004 | 5/6       | 15/85  | 24:01 |
| 52    | Greg Hodges         | M      | M1976+     | 8/34      | 37/127 | 24:09 |
| 53    | Andrew Kirk         | M      | M2005      | 5/14      | 38/127 | 24:15 |
| 54    | Claire McCallum     | F      | F2006      | 2/6       | 16/85  | 24:19 |
| 55    | Casey Fox           | M      | M1977-1998 | 8/12      | 39/127 | 24:22 |
| 56    | Jamie McCallum      | M      | M1976+     | 9/34      | 40/127 | 24:24 |

|     |                     |   |            |       |        |       |
|-----|---------------------|---|------------|-------|--------|-------|
| 57  | Shannon Magnussen   | F | F1976+     | 1/17  | 17/85  | 24:32 |
| 58  | Ahmad Aldarwish     | M | M2006      | 4/16  | 41/127 | 24:36 |
| 59  | Emmitt Wilson       | M | M2003-2004 | 8/14  | 42/127 | 24:41 |
| 60  | Daniel King         | M | M2003-2004 | 9/14  | 43/127 | 24:43 |
| 61  | Marco Carreira      | M | M1977-1998 | 9/12  | 44/127 | 24:45 |
| 62  | Max Tufescu         | M | M2005      | 6/14  | 45/127 | 24:47 |
| 63  | Ted Tufescu         | M | M1976+     | 10/34 | 46/127 | 24:48 |
| 64  | Benjamin Chornomydz | M | M2007      | 4/9   | 47/127 | 24:52 |
| 65  | Nadia Tyles         | F | F1999-2002 | 5/11  | 18/85  | 24:59 |
| 66  | Jacob Smith         | M | M2006      | 5/16  | 48/127 | 25:01 |
| 67  | Wayne King          | M | M1976+     | 11/34 | 49/127 | 25:03 |
| 68  | Mackenzie Dyck      | F | F2008      | 1/4   | 19/85  | 25:06 |
| 69  | Lauren Nakonechny   | F | F1977-1998 | 4/23  | 20/85  | 25:09 |
| 70  | Kiyan Reimer        | M | M2005      | 7/14  | 50/127 | 25:15 |
| 71  | Mitchell Strilchuk  | M | M2006      | 6/16  | 51/127 | 25:20 |
| 72  | Nate Arsenault      | M | M2006      | 7/16  | 52/127 | 25:30 |
| 73  | Calum Pollard       | M | M2005      | 8/14  | 53/127 | 25:41 |
| 74  | Cole Wilson         | M | M2008      | 1/12  | 54/127 | 25:41 |
| 75  | Nathan Dyck         | M | M2006      | 8/16  | 55/127 | 25:42 |
| 76  | Jenna Martin        | F | F1999-2002 | 6/11  | 21/85  | 25:44 |
| 77  | Jason Ruby          | M | M1976+     | 12/34 | 56/127 | 25:46 |
| 78  | George Kovall       | M | M2005      | 9/14  | 57/127 | 25:47 |
| 79  | Owen Robertson      | M | M2007      | 5/9   | 58/127 | 25:49 |
| 80  | Holly Glew          | M | M0000      | 1/10  | 59/127 | 25:51 |
| 81  | Glew                | M | M0000      | 2/10  | 60/127 | 25:51 |
| 82  | Nancy Hill          | F | F1976+     | 2/17  | 22/85  | 25:55 |
| 83  | Zachary Pritchard   | M | M2008      | 2/12  | 61/127 | 26:16 |
| 84  | Trevor Templeton    | M | M1976+     | 13/34 | 62/127 | 26:16 |
| 85  | Halle Penner        | F | F2008      | 2/4   | 23/85  | 26:23 |
| 86  | Sabrina Carreira    | F | F2007      | 1/7   | 24/85  | 26:26 |
| 87  | Brody Benner        | M | M2008      | 3/12  | 63/127 | 26:30 |
| 88  | Luke Winstone       | M | M2007      | 6/9   | 64/127 | 26:33 |
| 89  | Aria Nuttall        | F | F2005      | 3/8   | 25/85  | 26:39 |
| 90  | Brent Winstone      | M | M1976+     | 14/34 | 65/127 | 26:41 |
| 91  | Jarrett Miller      | M | M1977-1998 | 10/12 | 66/127 | 26:42 |
| 92  | Maria Valencia      | F | F1977-1998 | 5/23  | 26/85  | 26:42 |
| 93  | Nick Arabsky        | M | M2005      | 10/14 | 67/127 | 26:59 |
| 94  | Scott Clendenan     | M | M1976+     | 15/34 | 68/127 | 27:00 |
| 95  | Matthew McCallum    | M | M2008      | 4/12  | 69/127 | 27:06 |
| 96  | Pierce Skubovius    | M | M2006      | 9/16  | 70/127 | 27:08 |
| 97  | Randy Hosegood      | M | M1976+     | 16/34 | 71/127 | 27:08 |
| 98  | Jeff Newell         | M | M1976+     | 17/34 | 72/127 | 27:12 |
| 99  | Evan Kowalchuk      | M | M2003-2004 | 10/14 | 73/127 | 27:29 |
| 100 | Annie McDonald      | F | F2008      | 3/4   | 27/85  | 27:32 |
| 101 | Anna Kowalchuk      | F | F1999-2002 | 7/11  | 28/85  | 27:33 |
| 102 | Yusuf Ibrahim       | M | M2007      | 7/9   | 74/127 | 27:34 |
| 103 | Andy Alguire        | M | M1976+     | 18/34 | 75/127 | 27:35 |
| 104 | Emma Robertson      | F | F2007      | 2/7   | 29/85  | 27:46 |
| 105 | Quinn Wilson        | M | M1976+     | 19/34 | 76/127 | 27:46 |
| 106 | Johanna Tran        | F | F2008      | 4/4   | 30/85  | 27:49 |
| 107 | Joel Anderson       | M | M1976+     | 20/34 | 77/127 | 27:49 |
| 108 | Dawson Cummer       | M | M0000      | 3/10  | 78/127 | 27:52 |
| 109 | Tryce Vergara       | M | M2005      | 11/14 | 79/127 | 27:59 |
| 110 | Campbell Park       | M | M2008      | 5/12  | 80/127 | 28:00 |
| 111 | Jeanelle Braun      | F | F1976+     | 3/17  | 31/85  | 28:05 |
| 112 | Courtney Friesen    | F | F1977-1998 | 6/23  | 32/85  | 28:05 |
| 113 | Sohan Patel         | M | M2006      | 10/16 | 81/127 | 28:08 |
| 114 | Ashton Miler        | M | M2008      | 6/12  | 82/127 | 28:12 |
| 115 | Derek Ward          | M | M1976+     | 21/34 | 83/127 | 28:18 |
| 116 | Allen Cummer        | M | M0000      | 4/10  | 84/127 | 28:28 |
| 117 | Sam Shippam         | M | M2006      | 11/16 | 85/127 | 28:40 |
| 118 | Owen Malek          | M | M2003-2004 | 11/14 | 86/127 | 28:44 |
| 119 | Colton Williams     | M | M2005      | 12/14 | 87/127 | 28:55 |
| 120 | Paige Martin        | F | F2005      | 4/8   | 33/85  | 29:23 |
| 121 | Laura Toews         | F | F1976+     | 4/17  | 34/85  | 29:26 |
| 122 | Chayse Dube         | F | F2005      | 5/8   | 35/85  | 29:29 |
| 123 | Zoe Pritchard       | F | F2005      | 6/8   | 36/85  | 29:42 |

|     |                        |   |            |       |         |       |
|-----|------------------------|---|------------|-------|---------|-------|
| 124 | Keira Kratin           | F | F2006      | 3/6   | 37/85   | 29:43 |
| 125 | Lisa Goertzen          | F | F1976+     | 5/17  | 38/85   | 29:44 |
| 126 | India Young            | F | F2006      | 4/6   | 39/85   | 29:50 |
| 127 | Molly McDonald         | F | F2005      | 7/8   | 40/85   | 29:51 |
| 128 | Erika Penner           | F | F1999-2002 | 8/11  | 41/85   | 30:02 |
| 129 | Ellie Kettle           | F | F2007      | 3/7   | 42/85   | 30:04 |
| 130 | Kaley Kettle           | F | F1976+     | 6/17  | 43/85   | 30:05 |
| 131 | Kiera Young            | F | F0000      | 1/3   | 44/85   | 30:12 |
| 132 | Jill Kratin            | F | F1977-1998 | 7/23  | 45/85   | 30:15 |
| 133 | Robert Carreira        | M | M1976+     | 22/34 | 88/127  | 30:33 |
| 134 | Sam Hanson             | M | M2008      | 7/12  | 89/127  | 30:36 |
| 135 | Ron Hanson             | M | M1976+     | 23/34 | 90/127  | 30:36 |
| 136 | Rosa Sousa             | F | F1976+     | 7/17  | 46/85   | 30:49 |
| 137 | Kim Moises             | F | F1977-1998 | 8/23  | 47/85   | 30:57 |
| 138 | Fayth Valencia         | F | F2007      | 4/7   | 48/85   | 31:28 |
| 139 | Diyorbek Sattarhanov   | M | M2008      | 8/12  | 91/127  | 31:29 |
| 140 | Alisher Sattarhanov    | M | M1977-1998 | 11/12 | 92/127  | 31:36 |
| 141 | Davis Epp              | M | M2005      | 13/14 | 93/127  | 31:54 |
| 142 | Tommy Holland          | M | M2003-2004 | 12/14 | 94/127  | 32:22 |
| 143 | Hunter Lemky           | M | M2008      | 9/12  | 95/127  | 32:35 |
| 144 | Maddy Saquet           | F | F2005      | 8/8   | 49/85   | 32:36 |
| 145 | Jim Newman             | M | M0000      | 5/10  | 96/127  | 32:44 |
| 146 | Gregg Martin           | M | M1976+     | 24/34 | 97/127  | 32:45 |
| 147 | Grayce Dube            | F | F2007      | 5/7   | 50/85   | 33:00 |
| 148 | Tasha Hildebrand       | F | F1999-2002 | 9/11  | 51/85   | 33:06 |
| 149 | Matthew Sychuk         | M | M0000      | 6/10  | 98/127  | 33:12 |
| 150 | Bruce Sychuk           | M | M1976+     | 25/34 | 99/127  | 33:19 |
| 151 | Firas Nazri            | M | M2005      | 14/14 | 100/127 | 33:25 |
| 152 | Ryan Penner            | M | M2006      | 12/16 | 101/127 | 33:43 |
| 153 | Liza Penner            | F | F1976+     | 8/17  | 52/85   | 33:54 |
| 154 | Walter Hildebrand      | M | M1976+     | 26/34 | 102/127 | 33:59 |
| 155 | Mj Berzenji            | F | F2003-2004 | 6/6   | 53/85   | 33:59 |
| 156 | Brenda Lee-Ward        | F | F1976+     | 9/17  | 54/85   | 34:14 |
| 157 | Robert Cromwell        | M | M1976+     | 27/34 | 103/127 | 34:40 |
| 158 | Sadie McDonald         | F | F2007      | 6/7   | 55/85   | 34:40 |
| 159 | Ava Nykoliation        | F | F2007      | 7/7   | 56/85   | 34:41 |
| 160 | Laura McDonald         | F | F1977-1998 | 9/23  | 57/85   | 34:42 |
| 161 | Khaled Ibrahim         | M | M2006      | 13/16 | 104/127 | 34:48 |
| 162 | Marni Harrison         | F | F1977-1998 | 10/23 | 58/85   | 35:23 |
| 163 | Nuqman Nazri           | M | M2003-2004 | 13/14 | 105/127 | 35:24 |
| 164 | Parker Bonneteau       | M | M2007      | 8/9   | 106/127 | 36:13 |
| 165 | Mirza Nazri            | F | F1999-2002 | 10/11 | 59/85   | 36:13 |
| 166 | Tae McGean             | M | M2006      | 14/16 | 107/127 | 36:16 |
| 167 | Ted McGean             | M | M1976+     | 28/34 | 108/127 | 36:16 |
| 168 | Williard Pagat         | M | M1976+     | 29/34 | 109/127 | 38:12 |
| 169 | Josie Delrosario       | F | F2006      | 5/6   | 60/85   | 38:35 |
| 170 | Mark Delrosario        | M | M1977-1998 | 12/12 | 110/127 | 38:36 |
| 171 | Harold Passley         | M | M1976+     | 30/34 | 111/127 | 38:37 |
| 172 | Ilana Abrams           | F | F1976+     | 10/17 | 61/85   | 38:49 |
| 173 | Lindsay Hyman          | F | F1977-1998 | 11/23 | 62/85   | 38:50 |
| 174 | Carson Hyman           | M | M2008      | 10/12 | 112/127 | 38:50 |
| 175 | Adam Hyman             | M | M2008      | 11/12 | 113/127 | 38:51 |
| 176 | Jenina Shapira         | F | F1977-1998 | 12/23 | 63/85   | 39:23 |
| 177 | Damon Klingler         | M | M1999-2002 | 6/6   | 114/127 | 39:53 |
| 178 | Isaiah Grande          | M | M0000      | 7/10  | 115/127 | 40:03 |
| 179 | Zachary Shumilak-Major | M | M2007      | 9/9   | 116/127 | 40:22 |
| 180 | Joel Kowerko           | M | M1976+     | 31/34 | 117/127 | 43:59 |
| 181 | Cody Kowerko           | M | M2006      | 15/16 | 118/127 | 44:01 |
| 182 | Diane Kowerko          | F | F1977-1998 | 13/23 | 64/85   | 44:01 |
| 183 | Jarrett Cromwell       | M | M0000      | 8/10  | 119/127 | 44:34 |
| 184 | Melanie Barnabe        | F | F1977-1998 | 14/23 | 65/85   | 44:34 |
| 185 | Firdas Timyati         | F | F1977-1998 | 15/23 | 66/85   | 44:55 |
| 186 | Yuwei Hu               | M | M1976+     | 32/34 | 120/127 | 45:12 |
| 187 | Catherine Gao          | F | F1976+     | 11/17 | 67/85   | 46:26 |
| 188 | Ester Carreira         | F | F1976+     | 12/17 | 68/85   | 46:29 |
| 189 | Talita Carreira        | F | F1977-1998 | 16/23 | 69/85   | 46:29 |
| 190 | Lynne Berg             | F | F1976+     | 13/17 | 70/85   | 46:55 |

|     |                     |   |            |       |         |       |
|-----|---------------------|---|------------|-------|---------|-------|
| 191 | Maureen Morrice     | F | F1976+     | 14/17 | 71/85   | 46:56 |
| 192 | Idelle Kowalchuk    | F | F1976+     | 15/17 | 72/85   | 47:13 |
| 193 | Nigora Sattarhanova | F | F1977-1998 | 17/23 | 73/85   | 47:21 |
| 194 | Cooper Hanson       | M | M0000      | 9/10  | 121/127 | 47:24 |
| 195 | Kaitlyn Hanson      | F | F1999-2002 | 11/11 | 74/85   | 47:25 |
| 196 | Judy Heywood        | F | F1976+     | 16/17 | 75/85   | 49:15 |
| 197 | Danica Berzenji     | F | F2006      | 6/6   | 76/85   | 49:20 |
| 198 | Alexis Berzenji     | F | F0000      | 2/3   | 77/85   | 49:24 |
| 199 | Chloe Berzenji      | F | F0000      | 3/3   | 78/85   | 49:28 |
| 200 | Julio Berzenji      | M | M1976+     | 33/34 | 122/127 | 49:28 |
| 201 | Tyrell Williams     | M | M2003-2004 | 14/14 | 123/127 | 51:08 |
| 202 | Jorce Delrosario    | F | F1976+     | 17/17 | 79/85   | 53:53 |
| 203 | Jacob Delrosario    | M | M0000      | 10/10 | 124/127 | 53:58 |
| 204 | Musa Aziz           | M | M2008      | 12/12 | 125/127 | 57:17 |
| 205 | Jeri Huzel          | F | F1977-1998 | 18/23 | 80/85   | 57:40 |
| 206 | Kayla Hosegood      | F | F1977-1998 | 19/23 | 81/85   | 57:41 |
| 207 | Kerri Guralnic      | F | F1977-1998 | 20/23 | 82/85   | 57:43 |
| 208 | Ruheen Aziz         | F | F1977-1998 | 21/23 | 83/85   | 58:07 |
| 209 | Ibraheem Aziz       | M | M2006      | 16/16 | 126/127 | 58:32 |
| 210 | Renee Vandale       | F | F1977-1998 | 22/23 | 84/85   | 58:50 |
| 211 | Macauley Joyal      | F | F1977-1998 | 23/23 | 85/85   | 58:50 |
| 212 | Syed Aziz           | M | M1976+     | 34/34 | 127/127 | 59:45 |

AGE-GROUP RESULTS  
Run At The Ridge  
May 6, 2017  
Whyte Ridge School

\*\*\*\*\* MALE OVERALL YEAR RESULTS FOR Run At The Ridge 5K Run \*\*\*\*\*

|   |             |       |
|---|-------------|-------|
| 1 | Tim Miller  | 16:15 |
| 2 | Ethan Clark | 16:25 |
| 3 | Alex Clemis | 16:27 |

\*\*\*\*\* FEMALE OVERALL YEAR RESULTS FOR Run At The Ridge 5K Run \*\*\*\*\*

|   |                |       |
|---|----------------|-------|
| 1 | Jackie Adamson | 18:35 |
| 2 | Janine Zajac   | 19:21 |
| 3 | Marina Gross   | 19:50 |

MALE Born 2008

|    |                      |       |
|----|----------------------|-------|
| 1  | Cole Wilson          | 25:41 |
| 2  | Zachary Pritchard    | 26:16 |
| 3  | Brody Benner         | 26:30 |
| 4  | Matthew McCallum     | 27:06 |
| 5  | Campbell Park        | 28:00 |
| 6  | Ashton Miler         | 28:12 |
| 7  | Sam Hanson           | 30:36 |
| 8  | Diyorbek Sattarhanov | 31:29 |
| 9  | Hunter Lemky         | 32:35 |
| 10 | Carson Hyman         | 38:50 |
| 11 | Adam Hyman           | 38:51 |
| 12 | Musa Aziz            | 57:17 |

MALE Born 2007

|   |           |       |
|---|-----------|-------|
| 1 | Cole Koop | 21:36 |
| 2 | Ben Ruby  | 22:07 |

|                          |       |
|--------------------------|-------|
| 3 Kalen Glew             | 22:25 |
| 4 Benjamin Chornomydz    | 24:52 |
| 5 Owen Robertson         | 25:49 |
| 6 Luke Winstone          | 26:33 |
| 7 Yusuf Ibrahim          | 27:34 |
| 8 Parker Bonneteau       | 36:13 |
| 9 Zachary Shumilak-Major | 40:22 |

MALE Born 2006

|                      |       |
|----------------------|-------|
| 1 Alex Lemky         | 20:39 |
| 2 Griffin Carnelley  | 22:04 |
| 3 Josh Clendenan     | 22:44 |
| 4 Ahmad Aldarwish    | 24:36 |
| 5 Jacob Smith        | 25:01 |
| 6 Mitchell Strilchuk | 25:20 |
| 7 Nate Arsenault     | 25:30 |
| 8 Nathan Dyck        | 25:42 |
| 9 Pierce Skubovius   | 27:08 |
| 10 Sohan Patel       | 28:08 |
| 11 Sam Shippam       | 28:40 |
| 12 Ryan Penner       | 33:43 |
| 13 Khaled Ibrahim    | 34:48 |
| 14 Tae McGean        | 36:16 |
| 15 Cody Kowerko      | 44:01 |
| 16 Ibraheem Aziz     | 58:32 |

MALE Born 2005

|                     |       |
|---------------------|-------|
| 1 Civetta Alejandro | 20:35 |
| 2 Alex Tydings      | 21:09 |
| 3 Matthew Ward      | 21:53 |
| 4 Porter Holland    | 22:53 |
| 5 Andrew Kirk       | 24:15 |
| 6 Max Tufescu       | 24:47 |
| 7 Kiyan Reimer      | 25:15 |
| 8 Calum Pollard     | 25:41 |
| 9 George Kovall     | 25:47 |
| 10 Nick Arabsky     | 26:59 |
| 11 Tryce Vergara    | 27:59 |
| 12 Colton Williams  | 28:55 |
| 13 Davis Epp        | 31:54 |
| 14 Firas Nazri      | 33:25 |

MALE Born 2004 to 2003

|                       |       |
|-----------------------|-------|
| 1 Haydn Lysiuk        | 17:51 |
| 2 Leif Magnussen      | 19:11 |
| 3 Alexander Macmillan | 19:33 |
| 4 Ethan Cresswell     | 20:06 |
| 5 Owen Hildebrand     | 22:39 |
| 6 Teagen Crockett     | 22:44 |
| 7 Evan Penner         | 23:12 |
| 8 Emmitt Wilson       | 24:41 |
| 9 Daniel King         | 24:43 |
| 10 Evan Kowalchuk     | 27:29 |
| 11 Owen Malek         | 28:44 |
| 12 Tommy Holland      | 32:22 |
| 13 Nuqman Nazri       | 35:24 |
| 14 Tyrell Williams    | 51:08 |

MALE Born 1999 to 2002

|                      |       |
|----------------------|-------|
| 1 Ethan Clark        | 16:25 |
| 2 Alex Clemis        | 16:27 |
| 3 Carson Cortvriendt | 18:19 |
| 4 Scott Friesen      | 20:45 |

|                  |       |
|------------------|-------|
| 5 Shalom Bekele  | 22:33 |
| 6 Damon Klingler | 39:53 |

MALE Born 1977 to 1998

|                        |       |
|------------------------|-------|
| 1 Tim Miller           | 16:15 |
| 2 Patrique Bulloch     | 19:20 |
| 3 Matthew Stasiuk      | 19:30 |
| 4 Daniel Mitchell      | 21:00 |
| 5 Ryan Stasiuk         | 22:17 |
| 6 Jasbir Gill          | 23:31 |
| 7 Ryan Hosegood        | 23:59 |
| 8 Casey Fox            | 24:22 |
| 9 Marco Carreira       | 24:45 |
| 10 Jarrett Miller      | 26:42 |
| 11 Alisher Sattarhanov | 31:36 |
| 12 Mark Delrosario     | 38:36 |

MALE Born 1976 or Earlier

|                      |       |
|----------------------|-------|
| 1 John McGavock      | 17:45 |
| 2 Chris Dick         | 20:44 |
| 3 Grant Towns        | 20:46 |
| 4 Ken Friesen        | 21:11 |
| 5 Kristopher Koschik | 22:26 |
| 6 Andy Tough         | 23:42 |
| 7 Chris Torrance     | 23:52 |
| 8 Greg Hodges        | 24:09 |
| 9 Jamie McCallum     | 24:24 |
| 10 Ted Tufescu       | 24:48 |
| 11 Wayne King        | 25:03 |
| 12 Jason Ruby        | 25:46 |
| 13 Trevor Templeton  | 26:16 |
| 14 Brent Winstone    | 26:41 |
| 15 Scott Clendenan   | 27:00 |
| 16 Randy Hosegood    | 27:08 |
| 17 Jeff Newell       | 27:12 |
| 18 Andy Alguire      | 27:35 |
| 19 Quinn Wilson      | 27:46 |
| 20 Joel Anderson     | 27:49 |
| 21 Derek Ward        | 28:18 |
| 22 Robert Carreira   | 30:33 |
| 23 Ron Hanson        | 30:36 |
| 24 Gregg Martin      | 32:45 |
| 25 Bruce Sychuk      | 33:19 |
| 26 Walter Hildebrand | 33:59 |
| 27 Robert Cromwell   | 34:40 |
| 28 Ted McGean        | 36:16 |
| 29 Williard Pagat    | 38:12 |
| 30 Harold Passley    | 38:37 |
| 31 Joel Kowerko      | 43:59 |
| 32 Yuwei Hu          | 45:12 |
| 33 Julio Berzenji    | 49:28 |
| 34 Syed Aziz         | 59:45 |

FEMALE Born 2008

|                  |       |
|------------------|-------|
| 1 Mackenzie Dyck | 25:06 |
| 2 Halle Penner   | 26:23 |
| 3 Annie McDonald | 27:32 |
| 4 Johanna Tran   | 27:49 |

FEMALE Born 2007

|                    |       |
|--------------------|-------|
| 1 Sabrina Carreira | 26:26 |
| 2 Emma Robertson   | 27:46 |
| 3 Ellie Kettle     | 30:04 |

|   |                 |       |
|---|-----------------|-------|
| 4 | Fayth Valencia  | 31:28 |
| 5 | Grayce Dube     | 33:00 |
| 6 | Sadie McDonald  | 34:40 |
| 7 | Ava Nykoliation | 34:41 |

FEMALE Born 2006

|   |                  |       |
|---|------------------|-------|
| 1 | Sara Gross       | 22:11 |
| 2 | Claire McCallum  | 24:19 |
| 3 | Keira Kratin     | 29:43 |
| 4 | India Young      | 29:50 |
| 5 | Josie Delrosario | 38:35 |
| 6 | Danica Berzenji  | 49:20 |

FEMALE Born 2005

|   |                |       |
|---|----------------|-------|
| 1 | Lara Hodges    | 22:08 |
| 2 | Ella Friesen   | 23:40 |
| 3 | Aria Nuttall   | 26:39 |
| 4 | Paige Martin   | 29:23 |
| 5 | Chayse Dube    | 29:29 |
| 6 | Zoe Pritchard  | 29:42 |
| 7 | Molly McDonald | 29:51 |
| 8 | Maddy Saquet   | 32:36 |

FEMALE Born 2003 to 2004

|   |                  |       |
|---|------------------|-------|
| 1 | Marina Gross     | 19:50 |
| 2 | Raegan Ricard    | 20:53 |
| 3 | Danika Coulthard | 21:10 |
| 4 | Malin Torrance   | 21:32 |
| 5 | Kyra Hodges      | 24:01 |
| 6 | Mj Berzenji      | 33:59 |

FEMALE Born 1999 to 2002

|    |                  |       |
|----|------------------|-------|
| 1  | Annika Niblock   | 21:00 |
| 2  | Mackenzie Kreitz | 21:44 |
| 3  | Ilona Zrinyi     | 21:59 |
| 4  | Tara Towns       | 22:55 |
| 5  | Nadia Tyles      | 24:59 |
| 6  | Jenna Martin     | 25:44 |
| 7  | Anna Kowalchuk   | 27:33 |
| 8  | Erika Penner     | 30:02 |
| 9  | Tasha Hildebrand | 33:06 |
| 10 | Mirza Nazri      | 36:13 |
| 11 | Kaitlyn Hanson   | 47:25 |

FEMALE Born 1977 to 1998

|    |                     |       |
|----|---------------------|-------|
| 1  | Jackie Adamson      | 18:35 |
| 2  | Janine Zajac        | 19:21 |
| 3  | Nadine Berzenji     | 20:54 |
| 4  | Lauren Nakonechny   | 25:09 |
| 5  | Maria Valencia      | 26:42 |
| 6  | Courtney Friesen    | 28:05 |
| 7  | Jill Kratin         | 30:15 |
| 8  | Kim Moises          | 30:57 |
| 9  | Laura McDonald      | 34:42 |
| 10 | Marni Harrison      | 35:23 |
| 11 | Lindsay Hyman       | 38:50 |
| 12 | Jenina Shapira      | 39:23 |
| 13 | Diane Kowerko       | 44:01 |
| 14 | Melanie Barnabe     | 44:34 |
| 15 | Firdas Timyati      | 44:55 |
| 16 | Talita Carreira     | 46:29 |
| 17 | Nigora Sattarhanova | 47:21 |

|                   |       |
|-------------------|-------|
| 18 Jeri Huzel     | 57:40 |
| 19 Kayla Hosegood | 57:41 |
| 20 Kerri Guralnic | 57:43 |
| 21 Ruheen Aziz    | 58:07 |
| 22 Renee Vandale  | 58:50 |
| 23 Macauley Joyal | 58:50 |

FEMALE Born 1976 or Earlier

|                     |       |
|---------------------|-------|
| 1 Shannon Magnussen | 24:32 |
| 2 Nancy Hill        | 25:55 |
| 3 Jeanelle Braun    | 28:05 |
| 4 Laura Toews       | 29:26 |
| 5 Lisa Goertzen     | 29:44 |
| 6 Kaley Kettle      | 30:05 |
| 7 Rosa Sousa        | 30:49 |
| 8 Liza Penner       | 33:54 |
| 9 Brenda Lee-Ward   | 34:14 |
| 10 Ilana Abrams     | 38:49 |
| 11 Catherine Gao    | 46:26 |
| 12 Ester Carreira   | 46:29 |
| 13 Lynne Berg       | 46:55 |
| 14 Maureen Morrice  | 46:56 |
| 15 Idelle Kowalchuk | 47:13 |
| 16 Judy Heywood     | 49:15 |
| 17 Jorce Delrosario | 53:53 |