

## 5 Km Men Age Groups

<u>Rank</u>	<u>First</u>	<u>Last</u>	<u>Time</u>	<u>Age</u>	<u>Race</u>
1	Dylan	Moon	23:17	5-9	Headingley
2	Harris	Gompf	27:26	5-9	Headingley
3	Tyler	Seitz	27:46	5-9	Headingley
4	Graeme	Kirk	29:11	5-9	Pure-3
5	Maximus	Preston	29:11	5-9	Headingley
6	Reid	Byle	29:28	5-9	Haiti
7	Gavin	Saunders	29:33	5-9	Headingley
8	Max	Van Heyst	29:34	5-9	Haiti
9	Michael	Arundel	30:22	5-9	Headingley
10	Nicodem	Cintije	30:45	5-9	Headingley
1	Hunter	Lewis	18:49	10-14	Headingley
2	Noah	Wiens	19:06	10-14	Headingley
3	Zach	Wood	19:14	10-14	Headingley
4	Ethan	Clark	19:21	10-14	Pure-1
5	Carson	Cortvriendt	19:22	10-14	Pure-2
6	Bryce	Jenkins	19:38	10-14	Pure-2
7	Keenan	McKenzie	20:47	10-14	Headingley
8	Aidan	Billard Dooley	21:18	10-14	Haiti
9	Cale	Woods	21:46	10-14	MEC-4
10	Tyson	Wood	21:54	10-14	Headingley
1	Jay	Ort	16:04	15-19	Pure-3
2	Ignacio	Fontes	16:11	15-19	MEC-5
3	Caleb	De Jong	16:28	15-19	Pure-1
4	Kipanga	Kissu	17:24	15-19	MEC-5
5	Meron	Tsegay	17:41	15-19	MEC-2
6	Philip	Trajkovski	18:18	15-19	MEC-2
7	Matthew	Ndaya	18:34	15-19	MEC-4
8	Morgan	Yarish	18:46	15-19	Headingley
9	Lucas	Roy	19:17	15-19	Pure-2
10	Bryce	Jenkins	19:24	15-19	Haiti
1	Thomas	Miller	16:08	20-24	Pure-3
2	Abdusalam	Yussuf	16:10	20-24	Pure-1
3	Brenden	Gemmell	16:13	20-24	Headingley
4	Ben	Paterson	16:37	20-24	Pure-1
5	Tyler	Derksen	17:07	20-24	MEC-5
6	Timothy	Miller	17:27	20-24	Pure-2
7	Joel	Stevens	18:13	20-24	Pure-3
8	Cory	Funk	18:15	20-24	Haiti

9	Josh	Guenther	18:19	20-24	MEC-5
10	John	Lawler	18:59	20-24	Pure-1
1	Calvary	De Jong	16:30	25-29	Pure-1
2	Steven	Bohrn	18:27	25-29	Pure-1
3	Richard	Toews	18:47	25-29	Haiti
4	Zach	Peters	19:04	25-29	Haiti
5	Davis	Sohor	19:20	25-29	Pure-3
6	Kurt	Gore-Hickman	19:25	25-29	MEC-4
7	Travis	Bliss	20:02	25-29	Air Force
8	Alfred	Barr	20:25	25-29	Pure-1
9	Philippe	Doucet	20:32	25-29	Air Force
10	Trevor	Pilgrim	20:36	25-29	Air Force
10	Lee	Siemens	20:36	25-29	Haiti
1	Brian	Walker	16:14	30-34	Haiti
2	Mathieu	Rocheleau	17:47	30-34	Haiti
3	Rich	Dreger	19:08	30-34	Pure-2
4	Jason	Bruce	19:11	30-34	MEC-1
5	Joel	Green	19:34	30-34	Air force
6	Taren	Gesell	19:55	30-34	Pure-2
7	John	Neufeld	20:01	40-44	Haiti
8	Garry	Nix	20:19	30-34	Pure-1
9	Christopher	McKay	20:40	30-34	Air Force
10	Robert	Leclaire	20:51	30-34	MEC-1
1	Jean Paul	Degagne	18:10	35-39	Pure-1
2	John	Power	18:15	35-39	Haiti
3	Michael	Boszko	18:17	35-39	Headingley
4	Charles	Kostyk	18:55	35-39	Pure-1
5	Dave	Lipchen	18:56	35-39	Pure-3
6	Scott	Watson	18:57	35-39	Pure-2
7	Edgar	Rosales	18:58	35-39	Pure-1
8	Francisco	Cordova	20:23	35-39	Haiti
9	Romel	Marquez	20:25	35-39	Haiti
10	Craig	Erb	21:41	35-39	Pure-1
1	Christopher	Westdal	18:54	40-44	Pure-3
2	Dan	McCaughan	19:42	40-44	Haiti
3	Kristopher	Koschik	20:42	40-44	Pure-2
4	Chris	Schrader	21:13	40-44	Headingley
5	Frank	Angelini	21:42	40-44	Air Force
6	Joe	Healey	22:13	40-44	Pure-3
7	Dallas	Sigurdur	22:52	40-44	MEC-1
8	Matthew	Ring	23:31	40-44	Headingley

9	Kevin	Woodcock	23:36	40-44	Neepawa
10	David	Rebeck	24:01	40-44	MEC-2
1	Sam	Zhou	18:49	45-49	Haiti
2	Marc	Fournier	19:07	45-49	Air Force
3	Don	Bevington	19:28	45-49	Haiti
4	Dennis	Cunningham	19:40	45-49	MEC-5
5	Jon	Hunt	19:47	45-49	Pure-1
6	Dean	Morisseau	20:52	45-49	Pure-2
7	Rick	Bochinski	21:01	45-49	Headingley
8	Chris	Dick	21:34	45-49	Haiti
9	David	Unger	22:01	45-49	Pure-1
10	Aldo	Furlan	22:01	45-49	Pure-3
1	Scott	Gibbons	19:14	50-54	Pure-1
2	Richard	Kish	20:13	50-54	MEC-1
3	Stephen	Terichow Parrott	20:43	50-54	MEC-5
4	Bruce	Ploughman	20:49	50-54	Air Force
5	Eric	Martinat	21:25	50-54	Haiti
6	Mike	McGovern	21:33	50-54	Headingley
7	Ken	Reynolds	22:26	50-54	Haiti
8	Edward	Willmott	22:28	50-54	Pure-1
9	Kirk	Cook	22:53	50-54	Haiti
10	Kevin	Polischuk	23:01	50-54	Air Force
1	Neil	Ferguson	20:18	55-59	Haiti
2	David	Holder	21:09	55-59	Haiti
3	Pete	Gagne	21:30	55-59	Haiti
4	Christian	Ritchot	21:54	55-59	Air Force
5	Wilf	Breyfogle	22:07	55-59	Haiti
6	Paul	Braut	22:16	55-59	Headingley
7	Jim	Campbell	22:17	55-59	Haiti
8	Jean-Pierre	Grolet	22:56	55-59	Haiti
9	Dennis	Neal	23:05	55-59	MEC-5
10	George	Stewart	24:41	55-59	MEC-1
1	Dennis	Lang	19:32	60-64	Haiti
2	David	Lawler	21:42	60-64	Headingley
3	Al	Stewart	23:08	60-64	MEC-5
4	Richard	Chipman	23:44	60-64	Pure-1
5	Michael	Gwynne	24:15	60-64	Pure-1
6	Joel	Remis	24:32	60-64	Haiti
7	Grant	Mitchell	26:15	60-64	Haiti
8	George	Koch	26:26	60-64	Haiti
9	Brian	Flynn	32:57	60-64	Pure-1

10	Ken	Coupland	35:05	60-64	Headingley
1	Leon	Clegg	20:48	65-69	Haiti
2	Alphonse	Bernard	22:42	65-69	Pure-1
3	Bill	Degagne	24:16	65-69	Pure-1
4	Bob	Doolan	25:50	65-69	Headingley
5	Jeff	Vince	26:51	65-69	Headingley
6	Albert	Buors	27:54	65-69	Headingley
7	Patrick	Moore	31:08	65-69	Headingley
1	Jim	Cooke	23:37	70-74	Haiti
2	Sean	Drain	23:42	70-74	Haiti
3	Jack	Dubnicoff	38:30	70-74	Pure-1
4	Gerry	Tanner	57:27	70-74	MEC-2
1	Jim	Anderson	28:10	75-79	Headingley
2	James	King	30:02	75-79	Headingley
3	Jack	Dubnicoff	34:46	75-79	Air Force
4	Ray	Garrity	35:02	75-79	Headingley
1	Ray	Garrity	36:11	80-84	Haiti