

5 Km Open

Men

1	Nicholas	Kosmenko	16:26	25-29	April Run-1
2	Adam	Naylor	16:42	15-19	April Run-3
3	Quinn	Desrochers	17:14	15-19	April Run-1
4	Bradley	Keefe	17:18	35-39	April Run-1
5	Jason	Bruce	17:44	30-34	Headingley
6	Jon	McGavock	17:54	40-44	R4R
7	Matt	Harrison	18:01	20-24	April Run-1
8	Lucas	Roy	18:10	15-18	East St Paul
9	Jason	Bruce	18:13	30-34	April Run-1
10	William	Boyle	18:18	10-14	East St Paul
11	Daryl	Fillion	18:25	40-44	Headingley
12	Christopher	Westdal	18:29	40-44	April Run-3
13	Drewry	Kroeker	18:35	25-29	April Run-1
14	Jonas	Eastcott	18:45	25-29	Haiti
15	Jasper	Roadley	18:51	15-19	MEC-1
16	Darcey	Harder	18:56	40-44	MEC-5
17	Keagan	Kantimer	18:57	15-19	April Run-2
18	Michael	Boszko	18:57	40-44	Police
19	Unai	Apraiz Zenon	18:59	10-14	April Run-3
20	Carson	Cortvriendt	19:00	10-14	April Run-3
21	Sam	Zhou	19:03	45-49	Headingley
22	Bryce	Jenkins	19:04	15-19	East St Paul
23	Daniel	Baouya	19:08	40-44	RCAF
24	James	Dueck	19:25	35-39	Haiti
25	Calvin	Hicks	19:35	11-15	Police
26	Shannon	Dueck	19:35	35-39	Police
27	Dennis	Lang	19:39	60-64	Headingley
28	Mark	Alexiuk	19:45	40-44	Haiti
29	Garry	Nix	19:49	30-34	Headingley
30	Carl	Bartel	19:49	25-29	MEC-5
31	Taren	Gesell	19:51	30-34	April Run-2
32	David	Lamoureux	19:55	35-39	Haiti
33	Craig	Erb	19:57	40-44	Headingley
34	Karl	Sproll	19:54	60-64	R4R
35	Stephen	Terichow-Parrott	19:59	50-54	Headingley
36	Dennis	Cunningham	20:01	45-49	MEC-1
37	Nick	Reimer	20:01	20-24	MEC-5
38	Matt	Schaubroeck	20:05	25-29	April Run-1
39	Owen	Vanwellegham	20:09	30-34	MEC-1
40	Chris	Dick	20:10	45-49	Headingley

41	Dan	McCaughan	20:13	45-49	April Run-1
42	Alan	Hopkins	20:15	50-54	MEC-3
43	Gilles	Szikora	20:15	35-39	RCAF
44	Cameron	Krisko	20:18	20-24	April Run-1
45	Paul	Shymko	20:18	40-44	Police
46	Magnus	Hamlin	20:22	10-12	MEC-5
47	Neil	Ferguson	20:23	55-59	Headingley
48	Bob	Cox	20:28	55-59	Headingley
49	Joel	Dumont	20:28	30-34	MEC-5
50	Alex	Sala	20:29	10-14	Headingley

Women

1	Lindsey	McKenty	19:32	20-24	Haiti
2	Payton	Ryz	20:24	15-19	April Run-1
3	Caitlyn	Roy	20:52	15-19	April Run-3
4	Janie	Parson	20:52	40-44	Headingley
5	Lindsey	Green	21:04	30-34	Headingley
6	Alicia	Slade	21:09	30-34	MRC-3
7	Annika	Niblock	21:11	10-14	Haiti
8	Ami	Samuel	21:24	45-49	Headingley
9	Cheryl	Adam	21:28	35-39	Haiti
10	Dayna	Graham	21:30	35-39	MEC-1
11	Margrett	Watt	21:41	10-14	East St Paul
12	Jennifer	Finateri	21:46	30-34	RCAF
13	Heather	McDonell	21:53	35-39	April Run-1
14	Tamara	Toews	21:56	20-24	MEC-3
15	Megan	Van Heyst	22:00	10-14	Haiti
16	Amanda	Younka	22:08	45-49	East St Paul
17	Bridget	Smith	22:16	10-14	RCAF
18	Katrina	Froese	22:25	30-34	MEC-1
19	Alyssa	Braun	22:30	16-19	Police
20	Jaymi	Derrett	22:36	55-59	Headingley
21	Brandi	Smith	22:47	35-39	MEC-5
22	Courtney	Tosh	22:55	10-15	Police
23	Danielle	Papin	22:58	60-64	Haiti
24	Ariane	Morissette	23:02	25-29	April Run-1
25	Natalie	Fournier	23:13	10-14	Headingley
26	Quinn	Derksen	23:23	15-19	MEC-5
27	Barbara	Farpelha	23:24	15-19	MEC-5
28	Melanie	Morrison	23:24	40-44	MEC-5
29	Nora	Casson	23:25	30-34	Police
30	Cassie	Guarino	23:26	30-34	MEC-5
31	Cheryl	Kunec	23:31	40-44	Police
32	Margarita	Carias Breen	23:34	35-39	Police

33	Jessica	Garneau	23:35	25-29	RCAF
34	Karanbir	Sidhu	23:35	15-19	MEC-5
35	Sylvia	Kajetaniak	23:38	20-24	Police
36	Stefany	Morrison	23:40	25-29	April Run-1
37	Christa	Rusk	23:41	40-44	April Run-2
38	Jamie	Bednarz	23:41	45-49	RCAF
39	Allison	Lage	23:49	11-15	Police
40	Lisa	Millns	23:52	45-49	Police
41	Celia	Maclean	23:54	30-34	MEC-1
42	Hunter	Fedak	23:54	10-14	RCAF
43	Morgan	Ott	23:58	15-19	April Run-3
44	Ava	Thompson	24:04	25-29	MEC-1
45	Alexandra	Allen	24:05	25-29	Police
46	Megan	Banman	24:06	35-39	April Run-1
47	Megan	Stefanson	24:06	20-24	Headingley
48	Taya	Palmeruk	24:06	20-24	Headingley
49	Mikaela	Boyle	24:09	10-14	MEC-5
50	Jenna	Martin	24:09	10-14	MEC-5